



C A T A L O G

TOURIST EXPERIENCES IN BRASIL

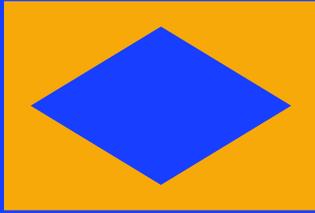
COP30 EDITION

MINISTRY OF
TOURISM

BRAZILIAN GOVERNMENT



STANDING WITH THE BRAZILIAN PEOPLE



The Brazilian tourism is experiencing a period of growth and global leadership. During the COP30 in the Amazônia, Brasil will reaffirm its commitment to a sustainable development model in which tourism drives inclusion, conservation, and opportunity creation.

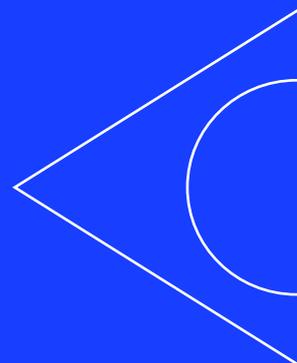
In recent years, the country has made consistent progress: we have expanded air connectivity, attracted investment, strengthened professional qualifications, and projected an image to the world of a destination that combines nature, culture, and sustainability.

The Catalog of Tourist Experiences in Brasil – COP30 Edition reflects this vocation. It unveils the vast array of genuine and transformative experiences that thrive throughout the country, from the Amazônia's forests and rivers to historic cities, Indigenous and quilombola communities, and creative urban destinations. These initiatives gather traditional knowledge, innovation, and a commitment to the planet.

This catalog is more than just an invitation to travel it's an invitation to be moved by Brasil – a country that inspires, welcomes, and teaches the world how to grow while preserving, how to include while valuing, and how to flourish while respecting nature and people.

May COP30 also be a milestone for sustainable tourism, further strengthening Brasil's image as a nation of unparalleled beauty and, above all, hope for a green future.

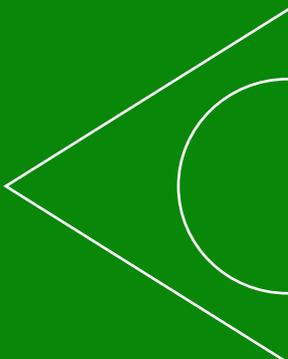
Celso Sabino
Minister of Tourism



Index

Presentation	4
EXPERIENCE OF BRASIL – PARÁ	5
LEARN ABOUT THE STAMPS USED IN THE CATALOG EXPERIMENTS	6
LEGAL AMAZON	35
ACRE	36
AMAPÁ	42
AMAZONAS	48
MARANHÃO	54
MATO GROSSO	59
RONDÔNIA	62
RORAIMA	64
TOCANTINS	70
NORTHEAST	72
ALAGOAS	73
BAHIA	76
CEARÁ	78
PARAÍBA	80
PERNAMBUCO	83
PIAUI	87
RIO GRANDE DO NORTE	90
SERGIPE	93
MIDWEST	96
FEDERAL DISTRICT	97
GOIÁS	100
MATO GROSSO DO SUL	104
SOUTHEAST	106
ESPÍRITO SANTO	107
MINAS GERAIS	111
RIO DE JANEIRO	115
SÃO PAULO	118
SOUTH	121
PARANÁ	123
RIO GRANDE DO SUL	126
SANTA CATARINA	129

Presentation



We are pleased to present the catalog 'Tourist Experiences in Brasil – COP30 Edition', a publication produced by the Ministry of Tourism.

The material brings together a selection of over 100 experiences from all Brazilian states and the Federal District, which, it is hoped, will offer a revealing glimpse into the diversity, creativity and commitment of sustainable tourism initiatives in our country. This set of experiences highlights a plural and innovative tourism ecosystem that values local culture, promotes social inclusion, and is strongly aligned with central themes of the COP30, such as environmental conservation, climate justice, and sustainability.

With a focus on initiatives related to ecotourism and community-based tourism, the catalog presents a picture of Brasil's diverse regions and rich cultural heritage, showcasing the contributions of Indigenous, quilombola, riparian, rural, and urban communities in creating authentic, transformative, and responsible experiences.

COP30, which is to be held in Belém do Pará, presents a unique opportunity for Brasil. In addition to hosting global debates on climate change, the country will have the chance to showcase its commitment to sustainable tourism and its ability to offer visitors experiences that connect them to nature, culture, and the local way of life.

This catalog is intended to serve as a resource that extends beyond the traditional travel guide. It is an invitation to discover, appreciate, and experience the essence of Brasil. Upon opening these pages, each reader may find proposals for experiences that go far beyond conventional tourism: learning opportunities, inspiration, and transformation that unite people, territories, and knowledge toward a more just, sustainable, and inclusive future.

It is our hope that this publication will serve as a gateway to a diverse, welcoming Brasil that is committed to the planet. An invitation for COP30 visitors—and all those who believe in the power of tourism as an agent of change—to discover, feel, and share the experiences of Brasil.

Learn about the stamps used in the Catalog experiments:



Black Routes - initiatives that are part of the Interministerial Program Rotas Negras, coordinated by the Ministry of Racial Equality and the Ministry of Tourism (MTur); in partnership with the Ministries of Culture (Minc); Labor and Employment (MTE); and Development, Industry, and Trade (MDIC), established in 2024. The Program, created by Decree No. 12,277 of November 29, 2024, aims at boosting Afro-tourism in Brazil, promote the sustainable development of Black communities, and enhance Afro-Brazilian culture on the national and international stages.

Learn more on: [Black Routes](#)



Trails Network – It is part of the National Network of Long-Distance Trails and Connectivity (RedeTrilhas). It is the result of a partnership between the Ministries of Tourism (MTur), Environment and Climate Change (MMA), and the Chico Mendes Institute for Biodiversity Conservation (ICMBio). It aims to promote these long trails as tools for developing sustainable tourism, conserving biodiversity, and fostering landscape and ecosystem connectivity and recreation in contact with nature.

Learn more on: [Trails Network](#)



Experiences of Original Brazil - Experiences that were part of the Experiences of Original Brazil Project, an initiative by the Ministry of Tourism aimed at expanding and diversifying the Brazilian tourism offerings by creating memorable and transformative tourist experiences offered by traditional peoples and communities in their territories.

Learn more on: [Experiences of Original Brazil](#)



National Tourism Award - Winning initiatives of the 2023 edition of the National Tourism Award, which is held biennially by the Ministry of Tourism (MTur) in partnership with the National Tourism Council (CNT), recognized in 2023 initiatives and professionals who stood out for their innovation, excellence in management, and positive impact on the tourism sector. They highlighted their contribution to economic growth, job and income generation, social inclusion, and environmental sustainability.

Learn more on: [National Tourism Award](#)



Feel Brasil - Experiences that are part of the Feel Brasil platform, developed in a partnership between Embratur and SEBRAE. It is meant to be a strategy to diversify international tourism offerings and support micro and small tourism businesses in Brazil.

Learn more on: [Feel Brasil](#)



EXPERIENCES OF BRASIL

PARÁ

City of Belém



Tourist region: Belém.

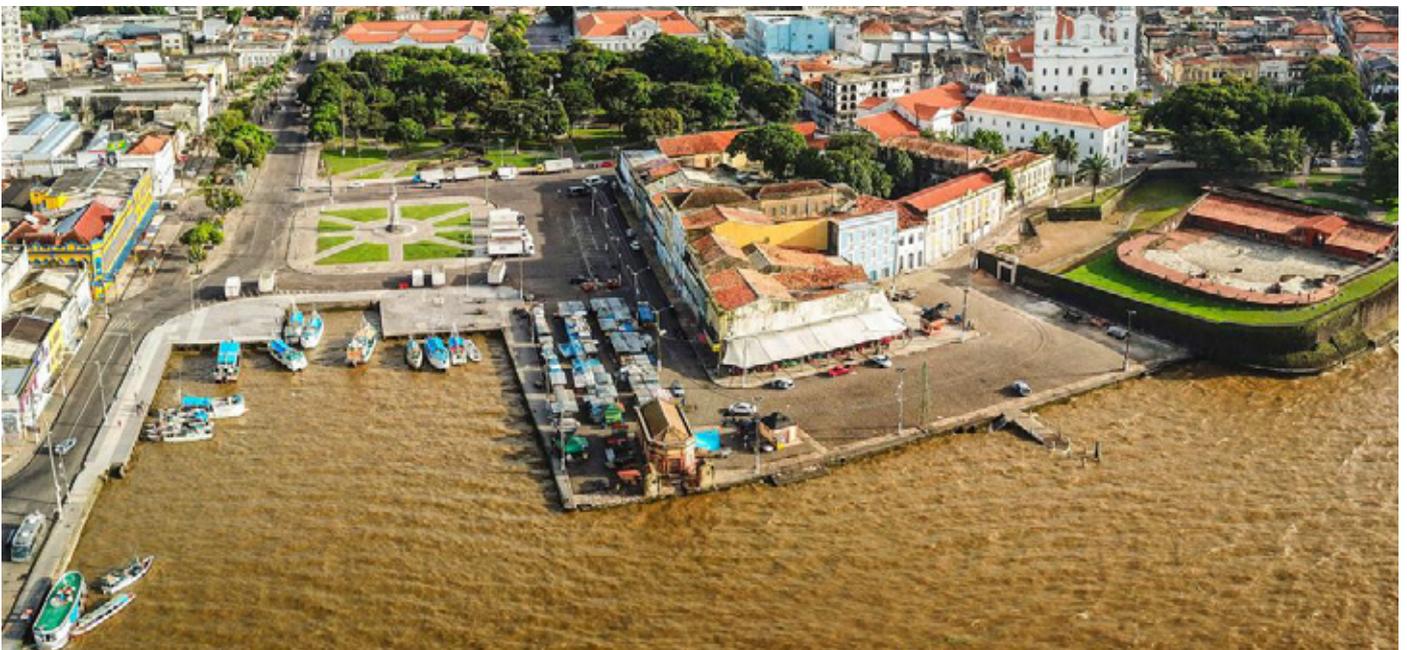
Municipality: Belém.

Description: immersion in the rich natural, cultural, and gastronomic diversity of Amazônia. In Belém, visitors can explore floodplain forests and preserved areas, such as the Jamaraquá National Forest and the Utinga State Park, navigate rivers and river islands on the outskirts of the city, visit riverside, Indigenous, and quilombola communities, and savor authentic Pará cuisine—with highlights such as native açaí, tacacá, duck in tucupi, and fresh fish from the Amazônia. The cuisine of one of UNESCO's Creative Cities of Gastronomy is quite memorable.

Tourist hot spots: Estação das Docas (Docks Station); Ilha do Combu (Combu Island); Mangal das Garças; Ver-o-Peso Market; Ilhas de Mosqueiro (Mosqueiro Islands); Outeiro and Cotijuba; Teatro da Paz (Peace Theater); Icoaraci Pottery Center; and Cirio de Nazaré (Festival of Our Lady of Nazareth). The latter is a particularly noteworthy destination, as it is the largest religious festival in the country and one of the largest in the world. It is also designated as an Intangible Cultural Heritage of Brasil.

When to go: From August to December.

Social media: [City of Belém](#)



Cultural and Sustainable Immersion on Ilha do Combu

Tourist region: Belém.

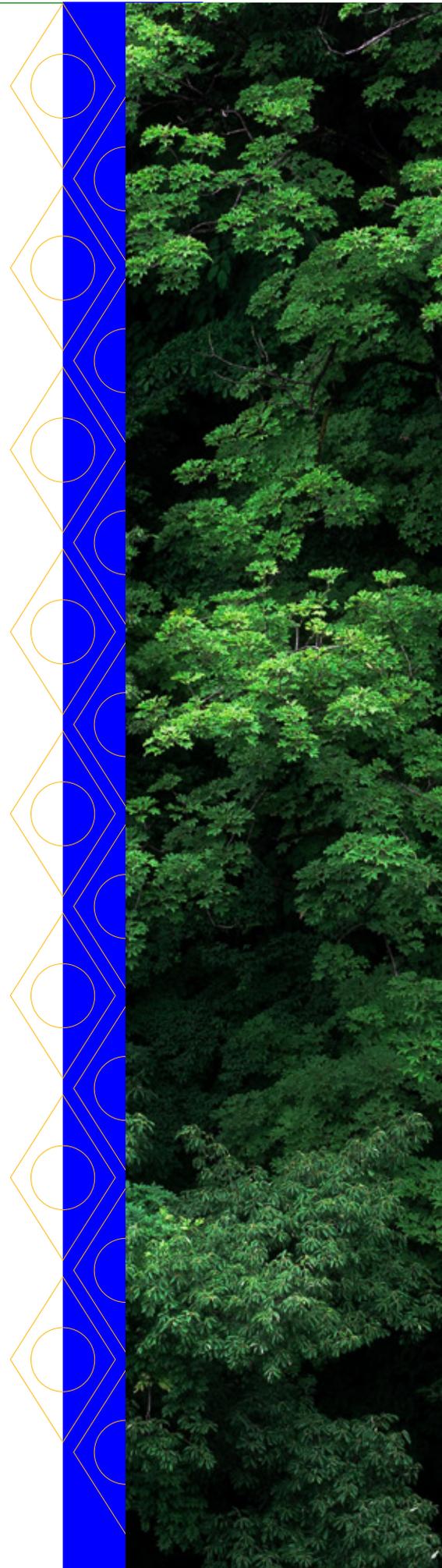
Municipality: Belém.

Description: An opportunity to experience the riverside culture of Ilha do Combu, experiencing sustainable and traditional practices. Tourists have the opportunity to engage in the artisanal production of chocolate with native cocoa, the harvesting of açai and shrimp, as well as traditional herbal baths. Direct interaction with local communities provides a deeper understanding of the Amazonian culture and the challenges faced in local environmental preservation.

Tourist hot spots: Casa Ygara is a cultural space that seeks to safeguard and celebrate the identity of the riparian community. Experiences with açai, cocoa, aromatic baths, and riverside knowledge; Casa de Chocolate Filha do Combu, where artisanal chocolate production with native cocoa is carried out; harvesting activities, participating in the açai and shrimp harvests; traditional herbal baths to try traditional wellness practices.

When to go: From July to December.

Social media: [@filhadocombu](#)



Islands Route - João Pilatos Trail



Tourist region: Belém.

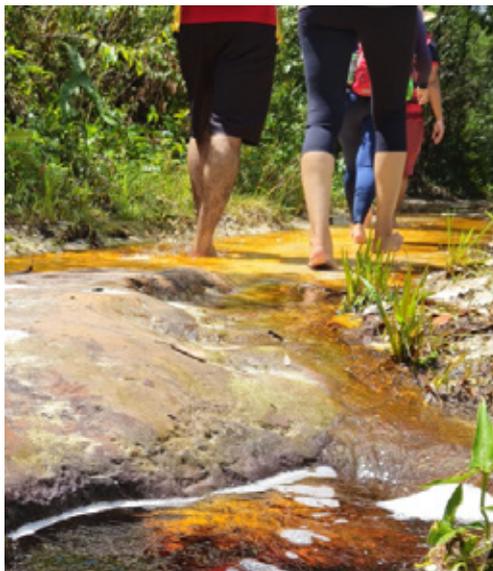
Municipality: Ananindeua.

Description: The adventure begins with a boat trip to the João Pilatos Community, where visitors have the opportunity to enjoy a cup of riverside coffee served alongside the island's unique flavors. Visitors then have the opportunity to learn about local ecosystems on a gentle hike along the João Pilatos Trail, where water springs emerge from the ground during the Amazonian winter. At the end of the trail, enjoy an invigorating swim in the Igarapé Grande (Great Stream) Community and a regional lunch to satisfy your craving for country food. There is also the Sabores do Quintal (Garden Flavors) experience, with tastings of fruits, herbs, juices, and seeds from Amazônia. After all this, visitors return by boat to the starting point of the tour, passing through new landscapes.

Tourist hot spots: Culinary offerings, stream bath, and boat trips on the rivers of the Ananindeua island region.

When to go: From March to April.

Social media: [@adrielson.tur](https://www.instagram.com/adrielson.tur)



Trails and Wellness



Tourist region: Belém.

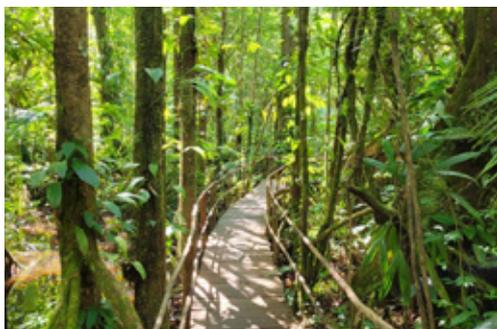
Municipality: Benevides.

Description: A complete experience of contact with nature that combines trails amid native trees, crystal-clear streams, and activities that promote wellness, such as aromatherapy with forest essences. Also, visitors can enjoy a variety of meals that are made with local ingredients and regional flavors.

Tourist hot spots: trails, stream, and aromatherapy.

When to go: From July to September.

Social media: [@taiecotur](#)



Market Kitchen Experience

Tourist region: Belém.

Municipality: Belém.

Description: Casa da Luna (Luna's House) is a beautiful, bright house that is over 200 years old. It's been lovingly prepared and restored to be a space for socializing, gastronomy, culture, and art. It offers the Cozinha de Mercado (Market Kitchen) experience, a pioneering immersive tourism project in the Ver-o-Peso Complex, the largest open-air market in Latin America. The experience offers visitors a tour around the Açaí Market and the Ver-o-Peso Market. There, they'll be guided to choose seasonal ingredients for a cooking class. The class is fun and easy, and it's meant to show off the culture of regional and seasonal food.

Tourist hot spots: Ver-o-Peso Market.

When to go: All year round.

Social media: [@cozinhademercado](#)



Icoaraci Pottery



Tourist region: Belém.

Municipality: Icoaraci.

Description: The Icoaraci pottery center, about 18 km from Belém, is famous for its Marajoara, Tapajonic, and Maracá pottery. It has workshops open to visitors, with traditional artisans and unique works. Visitors can check out the potteries that make the famous Pará ceramics and even try their hand at molding their own piece in the workshops.

Tourist hot spots: Bairro do Livramento (Livramento neighborhood); Igarapé do Paracuri (Paracuri Stream); clothing stores and pottery shops.

When to go: All year round.

Social media: [Cerâmicas de Icoaraci](#)



Caruê Routes



Tourist region: Belém.

Municipality: Belém.

Description: A cultural immersion experience on Ilha de Cotijuba (Cotijuba Island) that combines spirituality with Afro-Brazilian cuisine. Community leaders show visitors the ancestral traditions in a welcoming 'terreiro' (place of worship), and teach them how to prepare typical dishes, like acarajé. The experience includes ritualistic activities that encourage you to connect with nature, as well as visits to sacred sites on the island, such as Pedra do Buraco (Hole Rock) and Pedra do Sapo (Frog Rock). These visits provide an opportunity to reflect on the roots and relevance of Afro-diasporic culture today.

Tourist hot spots: Praia Funda (Funda Beach); Igarapé da Saudade (Saudade Stream); Pedra do Buraco; Pedra do Sapo; and Espaço do Pico da Ilha (Island Peak Space).

When to go: All year round.

Social media: [@il_omo_oya_ode_omi_daa_ofuuruf](#)



Birdwatching in the Amazônia of Pará

Tourist regions: Belém, Atlantic Amazônia Caeté and Carajás.

Municipalities: Belém, Santa Bárbara, Acará, Bragança, Paragomina and Parauapebas.

Description: Pará Birding Tour offers complete experiences with specialized guides on itineraries where visitors can see up to 600 species of birds, along with the rich Amazonian biodiversity – like amphibians, reptiles, primates, and native plants. The agency's mission is to encourage responsible tourism and enable a deep connection with nature and Amazonian culture. Experiences are recorded in videos, audio, and photos of the species and environments visited. These records serve as educational and scientific tools.

When to go: All year round.

Social media: [Birdwatching in the Amazônia of Pará](#)



Atlantic Amazônia Trail



Tourist regions: Belém, Atlantic Amazônia Guamá and Atlantic Amazônia Caeté.

Municipalities: Belém, Ananindeua, Benevides, Marituba, Santa Isabel do Pará, Castanhal, Inhangapi, São Francisco do Pará, Igarapé-Açu, Santa Maria do Pará, Nova Timboteua, Peixe-Boi, Capanema, Tracuateua, Bragança, Augusto Corrêa and Viseu.

Description: Along the trail, hikers, cyclists, or horseback riders can bathe in the clear, cold streams typical of the region, glimpse the upland forests and the amazing scenery of the natural fields of Bragantino, and explore the Atlantic coast of Pará with its preserved mangroves, history, and enchanting beaches. In addition to biodiversity, the cultural component is a highlight along the route, which has dozens of traditional and rural communities. The unique way of life of traditional peoples and their symbiotic relationship with the forest are increasingly valued on the trail.

Tourist hot spots: Mercado Ver-o-Peso; Teatro da Paz; Emilio Goeldi Museum Zoo-botanical Park; Rodrigues Alves Forest; Utinga State Park; Balneário do Caraparu (Caraparu Beach Resort); Bragantinos natural fields; Vila-Que-Era (Bragança); Praia de Ajuruteua (Ajuruteua Beach); Praia do Perimirim (Perimirim Beach); Arai-Peroba Marine Reserve Oyster Farm; and Serra do Piriá (Piriá Mountain).

When to go: All year round.

Social media: [Atlantic Amazônia Trail](#)



Mirongá Experience



Tourist region: Marajó Fields.

Municipality: Soure.

Description: Visitors will get to chat about life in Marajó, like buffalo breeding, sustainable production ideas, and how they make Marajó cheese (a product with cultural tradition and sentimental value). They'll also get to think about the Marajoara ecosystem (flooded fields), milking, and visiting buffalo. And of course, they'll get to taste products from the farm and the local community.

Tourist hot spots: Tasting Marajó cheese and buffalo milk products; Contemplation of the native Marajoara fields; Buffalo milking; Exchange with the local community involving cowboys and master cheesemakers.

When to go: All year round.

Social media: [@queijodomarajomironga](#)



Introduction to Marajoara Pottery-making Techniques Workshop

Tourist region: Marajó Fields.

Municipality: Soure.

Description: The pottery workshop is a fantastic way to learn about traditional Marajoara pottery-making techniques. It lasts three hours and includes sharing knowledge and skills, creativity, relaxation, getting in touch with nature, and preserving cultural practices. Soure is a planned city with a rich history and friendly people. You can encounter buffalo in the streets, taste the famous Marajó cheese (a product with a nationally recognized geographical indication), and discover the river and sea beaches and a unique culture.

Tourist hot spots: Marajoara pottery and performances by the Carimbó Tambores do Pacoval group.

When to go: All year round.

Social media: [@atelieartemanguemarajo](#)



Maiandeuá - Immersion and Experience of the Amazonian Food Culture



Tourist region: Guamá.

Municipality: Maracanã.

Description: A unique experience that lets visitors get a taste of the local culture and flavors. They can learn about the lifestyle of riverside fishermen, island's legends and ancestral stories, and check out the regional cuisine and rich native fauna and flora.



Tourist hot spots: Visit the corrals and Indigenous trails, finishing with a tasting of the region's native cuisine.

When to go: All year round.

Social media: [@semtur.maracana](#)



Experience in the Fishing Village



Tourist region: Atlantic Amazônia Caeté.

Municipality: Bragança.

Description: Kiall Pousada e Restaurante (Kiall Inn and Restaurant) and Rancho Amuré (Amuré Farm) are in the fishing village of Ajuruteua, within the Caeté-Taperaçu Marine Extractive Reserve, the largest continuous mangrove area in the world and rich in biodiversity. These places give you a chance to get to know the fishing community. You can check out nature trails like the Ajuruzal, picnic, and seasonal trails. There are boat trips, artisanal fishing, shellfish harvesting, visits to fishing corrals, and you can buy local handicrafts. They also offer accommodation and traditional food made with fresh local ingredients, like the 'avuado', which is a type of fish roasted over charcoal and served communally. This tradition highlights the intense sense of community in the Amazonian culture.

Tourist hot spots: Praia da Vila dos Pescadores de Ajuruteua (Ajuruteua Fishing Village Beach); fishing corrals; nearby beaches, coves, and islands that can only be accessed by boat; mangroves; Vila dos Pescadores (Fishing Village), and local cuisine.

When to go: All year round.

Social media: [@kiallrestaurantepousada](#)



Transamazônica Cocoa to Chocolate Tourist Route

Tourist regions: Transamazônica and Xingu.

Municipality: Medicilândia.

Description: Get the full Amazonian experience on cocoa and chocolate farms, where you'll learn everything from how cocoa is grown to how chocolate bars are made. A wonderful experience.

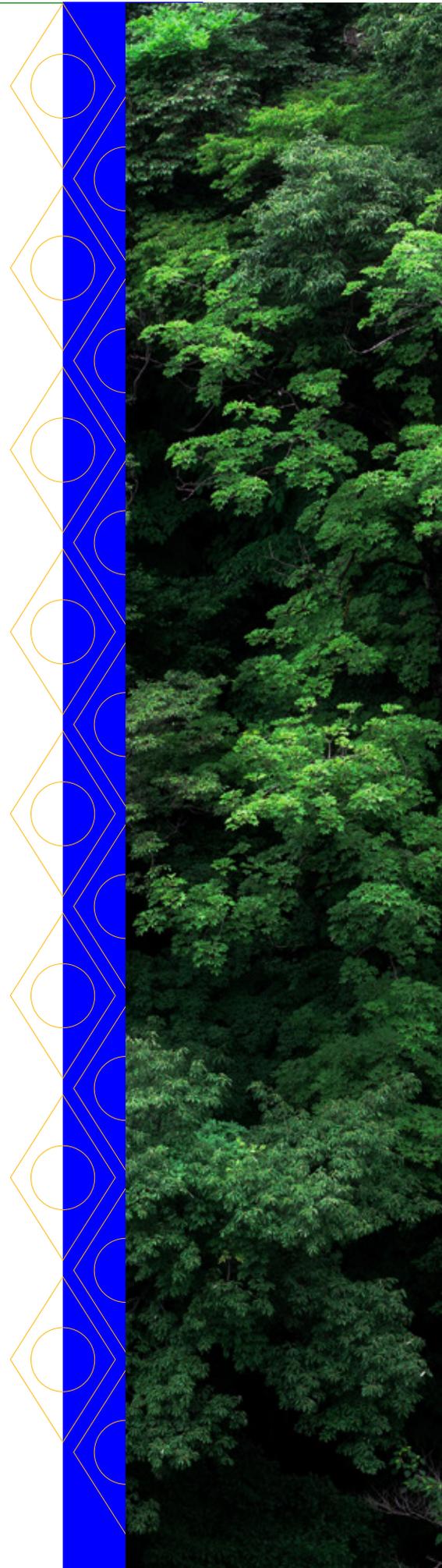
Tourist hot spots: Ascurra Chocolate, Sílvia Trevisan Chocolate Feminino da Amazônia, and Cacaaway production farms.

When to go: From May to December.

Social Media: Ascurra Chocolate: www.ascurrachocolate.com

Sílvia Trevisan Chocolate Feminino da Amazônia: [@chocolatesilviatrevisan](https://www.instagram.com/chocolatesilviatrevisan)

Cacaaway: www.cacaway.com.br



Marajoara Coast Trail



Tourist region: Marajó Fields.

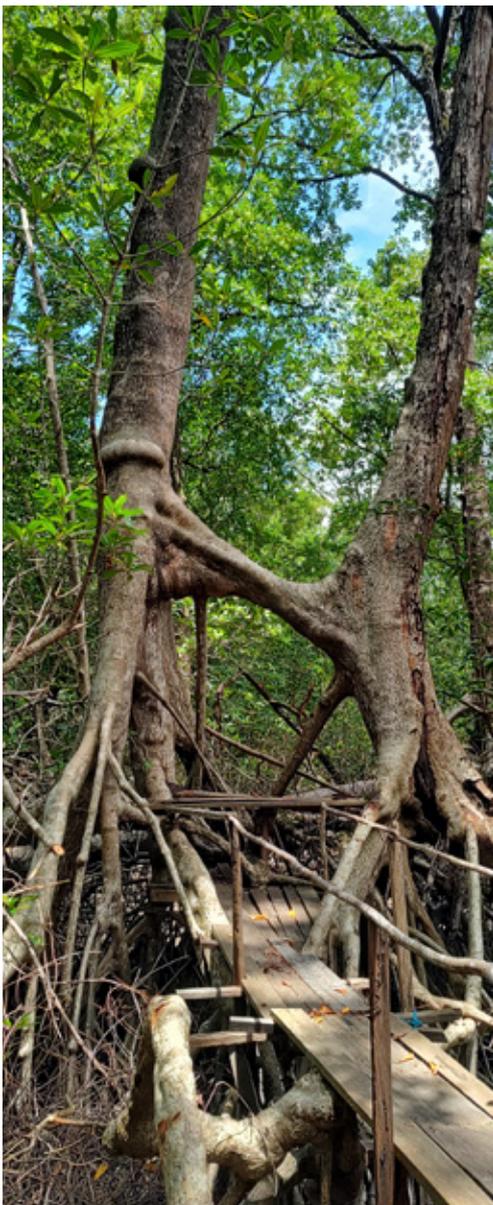
Municipalities: Soure and Salvaterra.

Description: Get to know traditional communities in the villages of Joanes, Monsarás, Jubim, Pesqueiro, Céu, and Caju-Una, as well as quilombola territories. Visitors get to experience the local culture, cuisine, and biodiversity of the Marajoara savanna and mangroves. They can also participate in religious tourism during festivities such as the Círio and Saints' days. The region also offers the opportunity to visit freshwater and brackish streams, as well as some of the most beautiful beaches in northern Brasil. Some of the activities include birdwatching (like scarlet ibis and herons), artisanal fishing, and tours of streams and water trails. You can also go with the collection of seeds used in medicines and eco jewelry, and you can even go crabbing and turu (clam) extraction.

Tourist hot spots: Gastronomy; the communities of the Soure Marine Extractive Reserve and the quilombola communities of Salvaterra; and the beaches of Barra Velha, Pesqueiro, and Farol.

When to go: From January to March, and from July to September.

Social media: Instagram [@jose_tur_marajo](#) / [@crispenantemarajo](#)



Amazon Mangrove Aquatic Trail



Tourist region: Atlantic Amazônia Caeté.

Municipalities: Bragança and Augusto Corrêa.

Description: Get to know the local culture and landscapes on the first route of the 80 km trail along the Caeté River. The tour offers a bunch of different experiences for you to check out. You can take a short tour, either by yourself, with a friend, or with a group, visit local communities, with breakfast and lunch included. Or, if you're up for it, you can go on a 40-kilometer expedition, staying in a fishing village. On the way, you'll get a unique view of the local mangroves, which are part of the largest continuous area of this ecosystem in the world.

Tourist hot spots: visit local pottery in Fazendinha community; visit the community of Camutá and the São Benedito viewpoint; have lunch or breakfast in Vila que Era, the founding landmark of the city of Bragança; take a night cruise and watch the full moon on the Caeté River; birdwatching to see the beautiful scarlet ibis; take in the local landscape and the lush mangroves; adventure tourism with a paddle along the Caeté River to the Vila dos Pescadores, where you can stay and have local food

When to go: From July to December.

Social media: [@muraquite](#)



Andorinhas Mountain Crossing



Tourist region: Carajás.

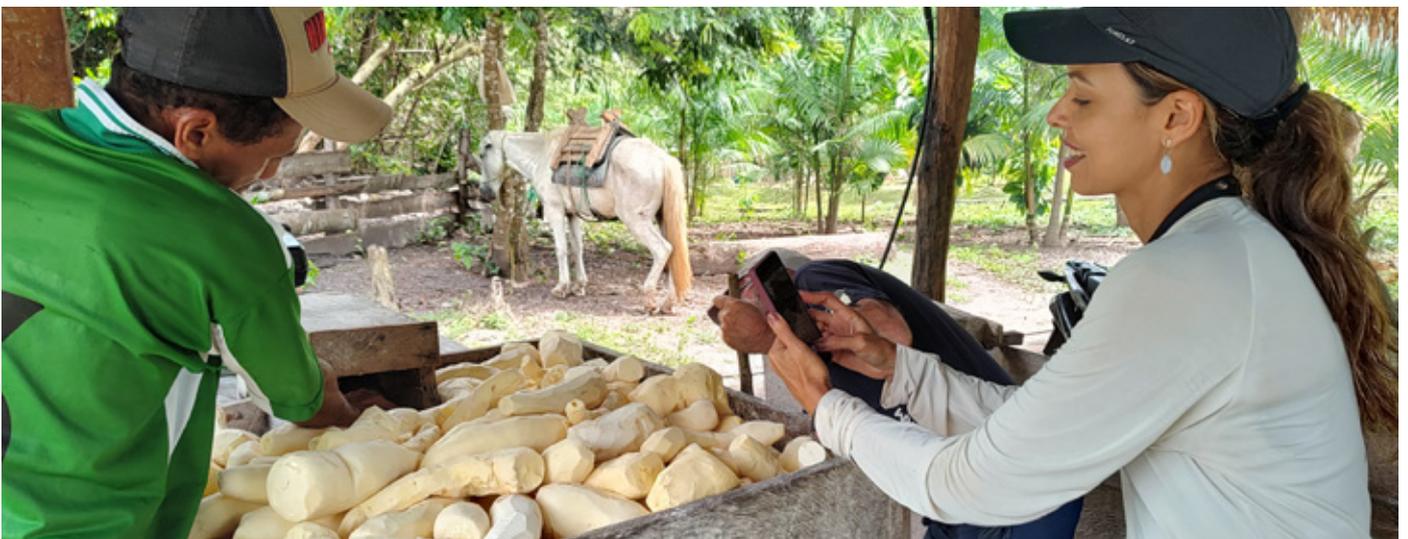
Municipality: São Geraldo do Araguaia.

Description: A unique experience in the area where the Cerrado (savanna) and Amazônia meet, through the Serra das Andorinhas Crossing, in the Serra dos Martírios – or Serra das Andorinhas – State Park in southeastern Pará. So, over about 20 km, visitors get to check out caves, go for a swim in waterfalls, cross the mountain range, check out the local wildlife and plants, and enjoy the views. And at the end of the adventure, you can enjoy some delicious homemade food and typical regional dishes, such as açaí. The trail connects two important conservation areas: the State Park and the Araguaia Environmental Protection Area (APA).

Tourist hot spots: Caverna das Andorinhas (Swallow Cave); Cachoeira da Visagem (Visage Waterfall); Cachoeira dos Espelhos (Mirrors Waterfall); and Cachoeira do Caldeirão (Cauldron Waterfall).

When to go: From December to April.

Social Media: [@gaavserradasandorinhas](#) / [@eco_andorinhas](#) / [@nativosdaapa](#)



Cooperative Tourism Route



Tourist region: Capim.

Municipality: Tomé-Açu.

Description: Ecological, rural, and sustainable tourism enabled by the agroforestry system set up by the Japanese who arrived in the municipality nine decades ago. The food is also interesting, as it's a site with origins in traditional communities like quilombolas, Indigenous peoples, and riverside communities. The strongest is the Japanese-Braslian colony. You can also visit CAMTA (Tomé-Açu Mixed Agricultural Cooperative) to learn about cooperative agroforestry production techniques and sustainable practices.



Tourist hot spots: Beautiful streams; native trees that are hundreds of years old; the Japanese festival; the Indigenous festival; Japanese sports; and the Japanese museum.

When to go: July.

Social media: [@camta.brasil](https://www.instagram.com/camta.brasil)



Alter do Chão



Tourist region: Low Tapajós.

Municipalities: Santarém and Belterra.

Description: A unique chance to experience the Brazilian Amazônia, with its freshwater beaches, preserved forest and vibrant local culture. Visitors can enjoy swimming in crystal-clear rivers with stunning landscapes, such as the famous Ilha do Amor (Island of Love), hiking trails in the Tapajós National Forest, canoe trips through the streams, and beautiful sunsets over the Tapajós River. As well as the exuberant nature, there's interaction with traditional communities that share their knowledge on sustainable management, handicrafts, and typical cuisine. Get to try fresh fish roasted over charcoal, 'farinha-d'água' (manioc flour) and native fruits, which are all part of the gastronomic experience.

Tourist hot spots: Ilha do Amor; Tapajós National Forest (Jamaraquá National Forest); tours and birdwatching at Lago Verde (Green Lake) and in streams; Ponta do Cururu; Maguari and Jamaraquá communities within the national forest; and regional cuisine.

When to go: From August to December.

Social media: [Alter do Chão](#)

Tapajós National Forest

Tourist region: Low Tapajós.

Municipalities: Aveiro, Belterra, Rurópolis and Placas.

Description: The experience includes interpretive trails, beaches, streams, resorts, food, different cultures and lifestyles, adventure tourism (jungle marathon, canoeing), birdwatching, and scientific tourism, as well as visits to the communities of Terra Rica, Maguari, Jamaraquá, São Domingos, and Acaratinga, Jaguarari, Piquiatuba, and the villages of Bragança and Marituba. In the communities, you'll find all sorts of things like inns, hammock areas, restaurants, trails and eco jewelry sales.

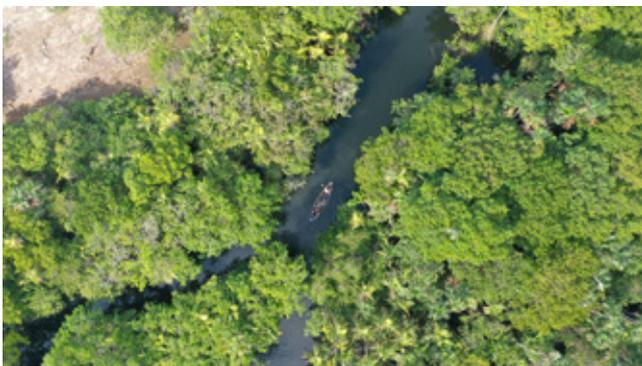
Tourist hot spots: River bathing; trails (especially the Terra Rica interpretive trail); landscape and wildlife viewing; boat trips; overnight stays in the forest; and local festivals.

When to go: From July to December.

Social media: [@flona_tapajos](#)



Tapajós Arapiuns Extractive Reserve (Tapajós Arapiuns RESEX)



Tourist region: Low Tapajós.

Municipalities: Santarém and Aveiro.

Description: Community-based tourism experiences along the Arapiuns and Tapajós Rivers, combining nature, culture and traditional knowledge. On the Tapajós, Maripá is the place to go if you want to explore the reserve, which is right opposite Alter do Chão. It's a great spot for overnight stays, breakfast by the river, and tours through the forest and lakes. Visitors are enchanted by cultural evenings, Indigenous rituals, body painting, flour production and pleasant canoe trips in the Vista Alegre do Capixuã community. The Tucumã community in Arapiuns invites visitors to learn about handicrafts and flour production, as well as river bathing. The community of São Miguel e São Marcos is well known for its tucumã straw handicrafts, traditional festivals and dances, as well as forest walks, canoe trips in the flooded forest, and its proximity to the beautiful beach of Ponta Grande. The Anã community was one of the first to get into community tourism. They combine food production with fish and native bee farming, and they offer lodging, regional meals, and guided tours.

Tourist hot spots: Community visits; Hiking trails; Swimming on river beaches, looking at the landscape and animals; Boat and canoe trips; Piracaia (fish roasted on the beach); Canoeing.

When to go: From July to December.

Social media: [@resex_tapajos_arapiuns](#)

Soure Marine Extractive Reserve (Soure RESEXMAR)

Tourist region: Marajó Fields.

Municipality: Soure.

Description: The Soure Marine Extractive Reserve is easy to get to. It's on the east coast of the Marajó Island, about 80 km from Belém. It's got loads of biological diversity, all in a breath-taking setting of mangrove forests, streams, estuarine beaches, and bird sanctuaries, giving you constant and invigorating contact with the Amazonian nature of Marajó. There are loads of different community-based tourism activities in the reserve, and you can try them out in three different communities: Pesqueiro, Céu, and Cajuna. You can also take a regional canoe trip, experience the mangrove ecosystem (turu clam extraction), go birdwatching, try the local food, handicrafts like eco jewelry, pottery, and buffalo leather, learn about the Carimbó culture, go hiking on the Marajoara coast trail or try the artisanal fishing.

Tourist hot spots: Barra Velha Beach and Pesqueiro Community and Beach.

When to go: From July to December.

Social media: [@icmbio.soure](#)



Mestre Lucindo Marine Extractive Reserve (Mestre Lucindo RESEXMAR)

Tourist region: Atlantic Amazônia Guamá.

Municipality: Marapanim.

Description: The Mestre Lucindo Marine Reserve is located between Dom Pedro and Araticu beaches and has lots of sand that changes with the tides. When the tide is high, the water covers the whole beach, but when the tide is low and during the so-called 'morta pegada' and 'morta choca' tides, the sea calms down and looks all sparkling and clear. And there are cultural events like the Carimbó dance and the traditional Marudá–Algadoal crossing, which is made in motorized wooden boats called *popopôs*. As well as sun, beach and river tourism, the region is also great for sports like kitesurfing and stand-up paddleboarding.

Tourist hot spots: sun and beach tourism on the beaches of Bora, Lembe, Santa Maria, Recreio, and Crispim; and traditional culture in the communities.

When to go: From July to December.

Social media: [Mestre Lucindo Marine Extractive Reserve \(Mestre Lucindo RESEXMAR\)](#)



Borari Indigenous Community from Alter do Chão



Tourist region: Low Tapajós.

Municipality: Santarém.

Description: The Borari people, who are native to the village, take visitors on a tour of Alter do Chão, where they experience nights of celebration around the campfire with Carimbó dancing and storytelling, as well as tasting the delicious piracaia, learning about the strength and resilience of Borari women and, with the permission of the spirits, entering the forest to experience it up close. Everyone is amazed to find out that this urban village still follows its traditional teachings. You can see this when you visit a medicinal herb nursery and walk along a trail that tells the stories of the ancients. You can also learn more about the Borari people's struggle to rescue and preserve their culture at an Indigenous school, and you'll be enchanted by the possibility of enjoying the natural environment (and even sleeping in the forest), leaving minimal impact and learning about the delicate and balanced relationship between humans and nature. You'll really wish that other generations could also experience such beauty. You can also get to taste the delicious seasoning that's part of the Alter's cabôco's table at a popular fish festival, Piracema, and row on Lago Verde with the 'catraieiros' (drivers of a small boat called 'catraia'), who use the river every day and have the lake as source of the most varied stories to tell.



Tourist hot spot: Ancestral diving with the Suraras do Tapajós (a Brazilian Carimbó music group).

When to go: From August to February.

Social Media: [@pirarimbo](#) / [@surarasdotapajos](#) / [@mingoteturismo](#)



Laranjituba and Africa Quilombola Territory



Tourist region: Tocantins.

Municipalities: Moju and Abaetetuba.

Description: Located in the middle of the Amazon Rainforest, about 90 km from the capital city of Pará. The older members of the community say that the territory has been occupied since 1717, making sure to maintain and protect its cultural and historical identity. Because of their location and how hard it was to get to these communities in the 19th and 20th centuries, they could look after their cultural stuff more easily. Take Africa, for example. The name suggests its connection to ancestry, as it's linked to the idea of families and their motherland. The history of the communities is based on references to places, customs, and feelings that resemble the past, their struggles, and the conservation of natural, cultural, and social spaces. Currently, they're known for their stunning natural beauty, as they're based in the world's largest tropical forest, and also because of their customs, traditions, and other attractions.



Tourist hot spots: A unique experience of discovering the delights of açai by trying the 'Açai culture – from extraction to tasting'; Visit the Laranjituba and Africa flour mill to learn about the process of producing cassava-based flours and see the place in action.

When to go: From June to January.

Social media: [@quilombolaranjintubafrica](#)



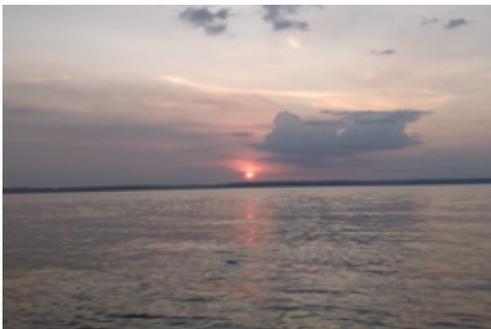
Xingu Aquatic Trail



Tourist region: Xingu.

Municipalities: Vitória do Xingu and Senador José Porfírio.

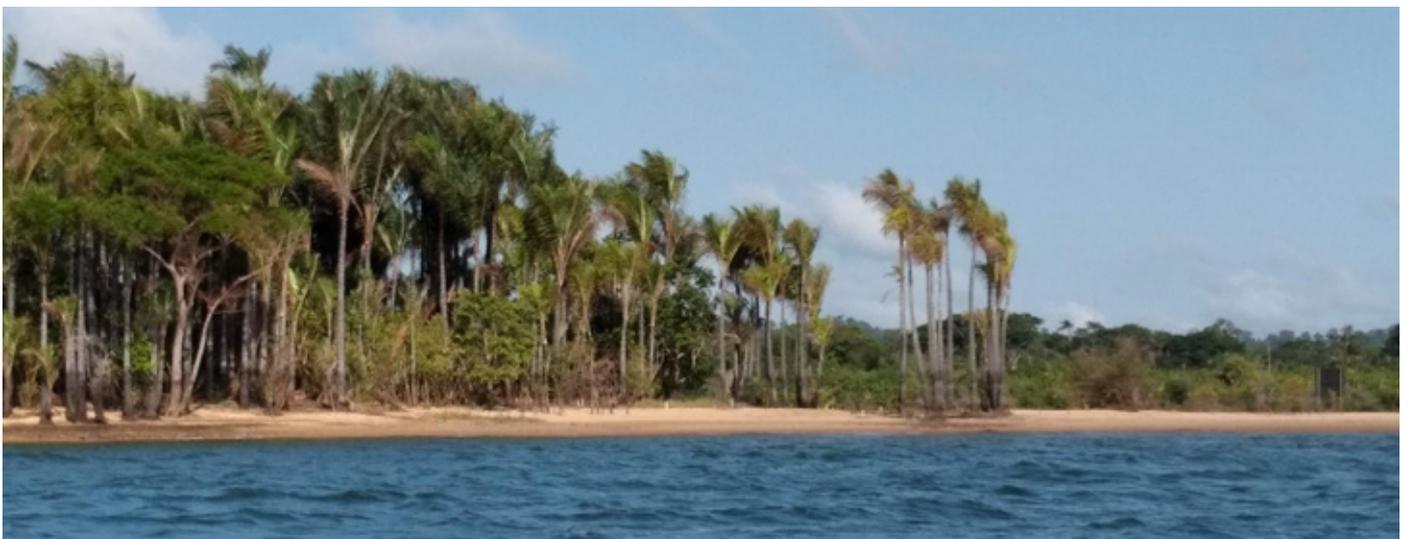
Description: The 42-km-long Xingu Aquatic Trail connects the municipalities of Senador José Porfírio and Vitória do Xingu, in southwestern Pará, passing through the Vitória de Souzel Sustainable Development Reserve (RDS) and the Tabuleiro do Embaubal Wildlife Refuge (Revis), which are areas of great importance for biodiversity and the protection of Amazonian turtles. The route has all sorts of great eco-tours on offer, like swimming in streams, wildlife watching, beaches and foodie experiences, where you can get to know local communities like Pirarucuara, who welcome visitors with places to stay, breakfast and lunch. Besides being a stunning location, the project promotes sustainable tourism, celebrates local culture and gets people thinking about the environment, highlighting the community's role in preservation and income generation.



Tourist hot spots: Release of the Amazonian turtles (November to January); Watching wildlife, including dolphins, manatees and alligators; Amazonian turtle nesting beaches.

When to go: November and December.

Social media: [@trilhaaquaticaxingu](#)



African-Ecological Trail Bujaru Paths



Tourist region: Capim.

Municipality: Bujaru.

Description: It's one of the longest ecological trails in the Amazon, stretching over 128 km. The route connects quilombola communities, archaeological sites, colonial mansions and environmental preservation areas, revealing the Indigenous and African ancestry that built the territory. The route offers immersive experience in the history, spirituality, and biodiversity of Bujaru, promoting community-based tourism, sustainable Afro-tourism, and climate justice. It's a living territory where past and present meet, strengthening the memory and identity of traditional peoples.

Tourist hot spots: Santana Church; Bom Jesus Farm and Bom Intento Mill; Quilombola and Indigenous communities (Mocajuba, Vila Santa Maria, Conceição, São Judas Tadeu, and Engenhoca); Century-old Kapok Tree; Engenho Bom Tempo Conservation Unit; Cultural workshops; Quilombola cuisine.

When to go: From June to December.

Social media: [@caminhosdebujaru](#)



Ancestral Paths of Quilombo do Abacatal Route



Tourist region: Belém

Municipality: Ananindeua

Description: A cultural, spiritual, and ecological immersion that reveals the strength of the women who founded and sustain one of the oldest quilombola territories in the Amazônia on the Rota Caminhos Ancestrais do Quilombo do Abacatal (Ancestral Paths of Quilombo do Abacatal Route). Quilombo do Abacatal has a history going back over 315 years. It was founded by Dona Olímpia, an enslaved Black woman who, together with her three daughters, transformed the territory into a space of freedom, faith, and continuity. The route takes visitors along sacred trails, productive gardens, and socialization spaces, where work, spirituality, and nature come together in experiences of belonging and resistance. Get to experience the Caminhos das Pedras (Paths of Stones) immersion, the Ossayn farm, and quilombola handicrafts. These are all notable examples of how people express their identity, support each other's economies, and keep their communities sustainable.



Tourist hot spots: Immersion in Caminhos das Pedras, visiting the Ossayn farm, and checking out the Abacatal handicrafts; Campfire circles and conversations about 'axé' in the Amazônia.

When to go: From June to December.

Social media: [@quilombodoabacatal](https://www.instagram.com/quilombodoabacatal)





EXPERIENCES OF BRASIL

LEGAL AMAZON

Get to Know Rio Branco

Tourist region: Rio Branco.

Municipality: Rio Branco.

Description: The urban Amazônia in the charming capital of Acre shows off its culture, history, and food in every detail. The city offers visitors an authentic experience, combining the warmth of the local population with a rich environmental and sociocultural heritage. You can check out museums, cultural centers, and other spots that tell the story of Chico Mendes, a global icon of environmental protection. You can also check out the preserved architecture in the historic center, walk along the banks of the Acre River, and enjoy fairs and markets full of colors, flavors, and regional handicrafts. When it comes to food, you'll be pleasantly surprised by the unique flavors: From Amazonian fish to tacacá, and even the famous açaí from Acre, all with the seasoning of the forest. Rio Branco is the perfect place to start exploring the Amazônia, with welcoming infrastructure, hospitable people, and easy access to trails, extractive reserves, and community-based experiences.

Tourist hot spots: Gastronomy items; totems representing historic buildings.

When to go: All year round.

Social media: [Get to Know Rio Branco](#)



Shanenawa Amazônia Expedition

Tourist region: Rio Branco.

Municipality: Rio Branco.

Description: An unforgettable experience with the culture and spirituality of the Shanenawa Indigenous people on the Shanenawa Amazônia Expedition. The experience includes traditional rituals, cultural workshops, and a walk through the forest focusing on medicinal herbs and biodiversity. It offers an authentic and transformative experience, valuing ancestral wisdom and connection with nature.

Tourist hot spots: Traditional rituals led by Shanenawa spiritual leaders; Guided hikes in the Amazon rainforest of Acre, with a focus on medicinal plants; Cultural workshops on body painting, traditional songs, and dances; Experience in authentic Indigenous 'malocas' (large Indigenous communal house that serves to house several families); Bathing in streams and connecting with the preserved nature of the Envira River region; Traditional food with native ingredients and collective preparation; Dialogues on spirituality, identity, and sustainability with elders and young people from the community.

When to go: From May to September.

Social Media: <https://vivala.com.br/> / @somosvivala



Crôa River

Tourist region: Villages and Biodiversity Paths.

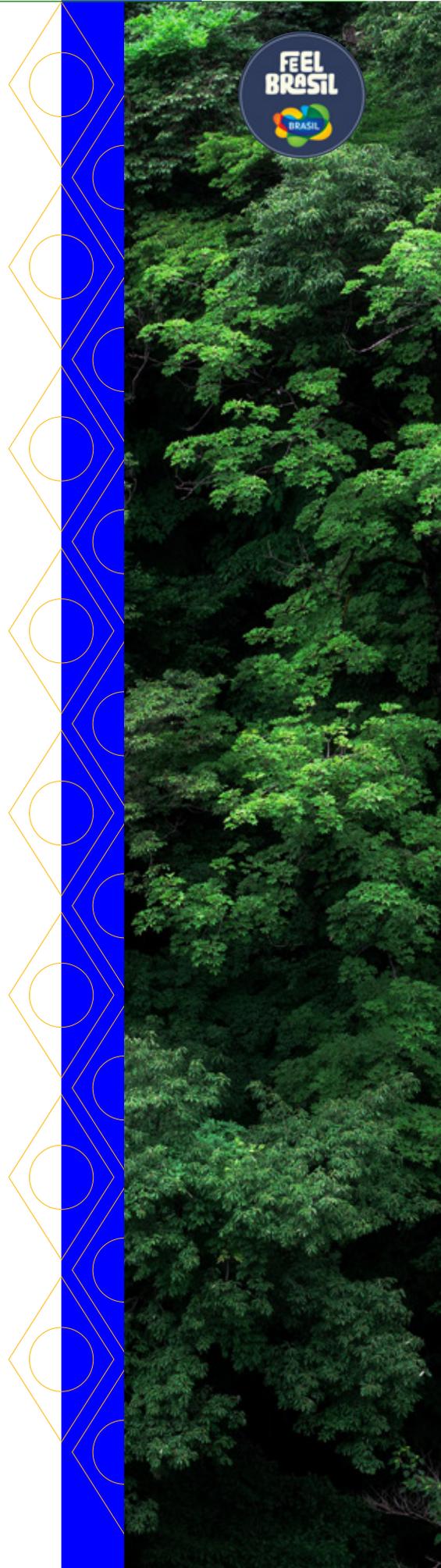
Municipality: Cruzeiro do Sul.

Description: Just 30 km from Cruzeiro do Sul, the Crôa River is a wonderful place to visit. It's really calm and full of lush nature. With the native forest, calm waters, tall trees, vines, and the sounds of the forest, it's the perfect place for meditating and relaxing. The boat trip, led by local boatmen, reveals the beauty of the riparian forest, birds, century-old trees, and the famous 'green carpet' of aquatic plants. There are some shallow, sandy stretches that are great for swimming, perfect for families and couples. There are also easy trails and birdwatching, which makes the experience even better. Rustic restaurants and inns along the river offer regional cuisine and warm hospitality, and the sunset reflecting on the water closes the day with a magical spectacle.

Tourist hot spots: Diving in the calm waters of the Crôa River; Photography and nature watching, especially at sunset.

When to go: All year round.

Social Media: [@turismoacre](#)



Villages and Biodiversity Paths Route



Tourist region: Villages and Biodiversity Paths.

Municipalities: Cruzeiro do Sul, Mâncio Lima, Rodrigues Alves, Marechal Thaumaturgo and Tarauacá.

Description: A unique chance to experience local culture and the amazing Amazonian biodiversity along the Rota Turística Caminhos das Aldeias e da Biodiversidade (Villages and Biodiversity Paths Tourist Route) in Acre, where visitors can enjoy sustainable tourism and appraise natural and cultural heritage. The itinerary includes visits to Indigenous villages and riverside communities, where visitors learn about traditions, ancestral knowledge, and typical cuisine, as well as participate in rituals, dances, and craft workshops. You'll also get to explore forest trails, spot wildlife, and learn about agricultural practices and sustainable management. Some of the highlights include the Serra do Divisor National Park and the Alto Juruá Extractive Reserve, which are important conservation areas. It's not just about tourism; it's also about thinking about environmental preservation, getting in touch with traditional cultures, and strengthening local communities. It's an experience that's going to change your life and make you richer, all in the middle of the Amazônia.

Tourist hot spots: Mirante da Serra (Mountain Viewpoint), Cachoeira do Amor (Waterfall of Love), Cachoeira do Ar-Condicionado (Air-conditioner Waterfall), Cachoeira Pirapora (Pirapora Waterfall), Cachoeira Formosa (Formosa Waterfall), and Buraco da Central in Serra do Divisor National Park; Boat trip on the Moa River; Boat trip on the green carpet of the Crôa River, Samaúma Trail on the Crôa River; Visit to Indigenous villages, Puyanawa Indigenous Festival in the village of Puyanawa in Mâncio Lima, Mariri Yawanawa Indigenous Festival in Tarauacá, upon booking with the communities.

When to go: All year round.

Social media: [@turismoacre](#)

Chico Mendes Trail



Tourist region: The Pacific Paths.

Municipalities: Assis Brasil, Brasiléia and Xapuri.

Description: A combo of the wild beauty of the Amazon Rainforest and the history of the people of Acre's struggles on the Chico Mendes Trail in Acre. The route is over 100 km long and shows the history of the Chico Mendes Extractive Reserve and the 'empates', a resistance movement against deforestation and cattle ranching. The movement was led by figures such as Wilson Pinheiro and Chico Mendes. As you make your way along the trail, visitors cross active rubber plantations, century-old chestnut trees, and streams. Visitors also get to experience cultural practices like extracting Brazil nuts and latex, and will meet descendants of Indigenous peoples, rubber tappers, and Rubber Soldiers. The immersion includes overnight stays and meals in the homes of local residents, which strengthens cultural exchange and appreciation of traditional knowledge. The trail also intends to be multi-thematic, covering paleontological, archaeological, and historical heritage, forest restoration initiatives, and religious festivals, making it an itinerary full of nature, culture, and socio-environmental memory.



Tourist hot spots: Seeing wildlife along the trail; Stay overnight and eat meals in the homes of locals who'll tell you firsthand the history of the extractive reserves and the struggle for their creation; Visit the geoglyphs; Festivals of the native saints of RESEX (such as Santa Raimunda Alma do Bom Sucesso and São João do Guarani); Handicrafts from Ateliê da Floresta (Forest Studio) and Ateliê Florescer (Flourish Studie), made with fallen wood and natural seeds and fibers from the forest.

When to go: From May to October.

Social Media: [@resexchicomendes](#) / [@fturismoresex](#)



Birdwatching on the Serra do Divisor



Tourist region: Villages and Biodiversity Paths Route.

Municipalities: Cruzeiro do Sul and Mâncio Lima.

Description: A unique chance to experience the Amazon Rainforest, a World Heritage Site, in the far west of Brasil, in Acre, a birdwatchers' paradise. The Serra do Divisor National Park is the highlight of the experience, with more than 485 species recorded, including rare species only found there, like the Acre Antshrike. The trip starts in Cruzeiro do Sul and ends in Mâncio Lima, where there are simple lodges on the Moa River that are a wonderful place to go hiking or birdwatching, and to meet traditional communities. You'll get to see cool birds like the Harpy Eagle, the Rufous-headed Woodpecker, and the Scarlet-hooded Barbet. Added to that, there are also crystal-clear waterfalls. Local guides who really know their stuff lead visitors on tours of the area, showing them all the plants and animals and explaining the culture. Every day is a new adventure. It's a unique mix of nature, culture, and of course, Amazonian cuisine, in an authentic and transforming experience.

Tourist hot spots: Serra do Divisor National Park Viewpoint; Crystal-clear waterfalls such as Formosa, Ar Condicionado and Mapinguari; Watching endemic bird species of the region.

When to go: From May to November.

Social Media: www.ayshawatravel.com / [@ayshawatravel](https://www.instagram.com/ayshawatravel)



Macapá

Tourist region: Middle of the world.

Municipality: Macapá.

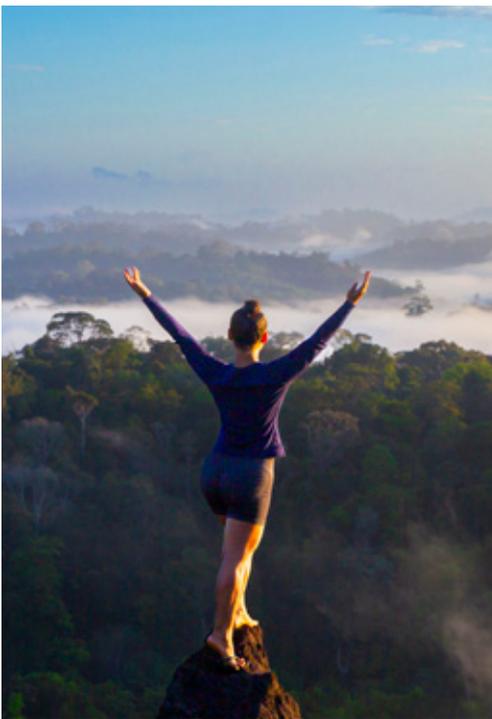
Description: A complete tourist experience combining nature, culture and history. Natural attractions include tours of the majestic Amazon River, trails in the Amapá National Forest and visits to the Curiaú River Environmental Protection Area. Cultural highlights include the interactive presentation of the lives of Amazonian peoples at the Sacaca Museum, and local events and manifestations that reveal the region's identity. The cuisine is also a highlight, with typical dishes such as tacacá and açaí with fried fish and other delicacies of the Amapá cuisine winning over visitors.

When to go: From August to December.

Social media: [Macapá](#)



Camping at the Mina F12 Lookout Point



Tourist region: Tumucumaque and waterfalls.

Municipalities: Pedra Branca do Amapará and Serra do Navio.

Description: The tourist experience in Serra do Navio (Mountain of the Ship) offers an immersion in Amazônia, combining exuberant nature, mining history and local culture. The highlight is the camp held almost every weekend at the Mina F12 Lookout Point, which is reached via a moderate 3 km trail revealing biodiversity, crystal-clear lagoons and the famous Lagoa Azul lagoon. Upon reaching the summit, visitors are treated to a breathtaking panoramic view of the forest and the unique geological formations that have been sculpted by mining activity. Visitors can also learn about the history of ICOMI, the company responsible for manganese mining and the development of the planned city and enjoy typical dishes in a restaurant located in a former mining company residence. The experience also promotes integration with the local community and values sustainability and environmental education, making it a unique adventure that combines adventure, culture and learning in the heart of Amazônia.

Tourist hot spots: Mina F12 Lookout Point; Ecological trail; Bathing on Lagoa Azul (Blue Lagoon), natural water source; Campsite with communal campfire under the stars, swing, acrobatic lyre, and interaction between participants; Starry nights or moonlit nights, depending on the date, with a night hike and moonlight swim.

When to go: From July to December.

Social media: [Camping at the Mina F12 Lookout Point](#)

Aquatic Route along the Jari River



Tourist region: Jari Valley.

Municipalities: Laranjal do Jari.

Description: Combine nature, culture and history on the Rivertour, immersing yourself in the depths of the Amazônia as you cruise along the Jari River. The route includes stops at riverside communities en route to the impressive Santo Antonio Waterfall, the second largest in Brasil, as well as pristine nature reserves and lush landscapes. In summer, sand dunes appear along the riverbank, creating the perfect setting for swimming and relaxation. Next, visitors will go to the Iratapuru Community, which is home to the Giant Tree Sanctuary and the Sustainable Development Reserve. Here, you will find COMARU, a cooperative that supplies Brasil nut oil to Natura and produces regional delicacies such as chocolates and paçoca (peanut fudge). The itinerary also takes in the mysterious Nazi Cemetery, which is linked to scientific expeditions in the 1930s. More than just a tour, this river itinerary offers an authentic experience of sustainable, community-based tourism, combining nature, culture and gastronomy to guarantee unforgettable memories.

Tourist hot spots: Cajari River extractive reserve; Water trail to the Santo Antonio Waterfall; Experiences in the Sumaúma community; Play in which the protagonist is a nut extractivism in the Amazon rainforest.

When to go: All year round.

Social media: [@poroturismo](#)



Afro-tourism Route at Quilombo do Curiaú



Tourist region: Middle of the world.

Municipality: Macapá.

Description: Immerse yourself in quilombola traditions and Afro-Amapá ancestry on this route through a quilombo community within the Curiaú River Environmental Protection Area, with experiences that combine culture, faith, gastronomy and history. Highlights include a visit to Pedro Bolão's craft store, an important local cultural landmark, and Maloca da Tia Chiquinha (Aunt Chiquinha's Hut), where stories and knowledge are preserved. There is also a gastronomic stop at Cantinho da Nega. In Curiaú de Fora, visitors can explore the Church of São Joaquim, which symbolizes the community's faith and cultural resistance. They will then continue to Curiaú Village, where they can observe a traditional 'trancista' (hair braider) at work and learn about the artisanal process of making quilombo's flour in a local flour mill. The Anthropological Museum further enriches the experience by showcasing reports and artifacts that reveal the strength and legacy of the community. The tour ends on the Curiaú deck, which is the perfect place to watch the sunset. There are also options for traditional canoeing or kayaking, as well as restaurants and beach resorts that celebrate the local cuisine and lifestyle.



Tourist hot spots: Community religious festival; Gengibirra drink and local cuisine; Diving in the lake during the flood season (March to September); Sunset on the Curiaú deck; Kayaking or canoeing.

When to go: From March to September.

Social media: [@poroturismo](#)



Experience in Cassiporé Chocolate Production



Tourist region: Cabo Orange.

Municipality: Oiapoque.

Description: Cassiporé Chocolate is the first chocolate to be produced in the state of Amapá. Born in the heart of Amazônia, it comes from the native floodplain forests of the Cassiporé River in the municipality of Oiapoque, which is distinguished by its fertile soil and high humidity. Harvested by riparian communities and processed by hand at every stage, the cocoa perfectly reflects the richness of the Amazon. The bean-to-bar chocolate production process is gaining more and more followers in Brasil. This commercial model involves making artisanal chocolates from cocoa beans, and this experience allows you to witness the manufacturing and production of Amapá chocolate first-hand.

When to go: All year round.

Social media: [@chocolatescassipore](https://www.instagram.com/chocolatescassipore)



Tumucumaque Park Expedition



Tourist region: Middle of the world.

Municipalities: Macapá and Serra do Navio.

Description: An immersive journey into the unspoilt Amazon Rainforest, covering the states of Amapá and Pará. The itinerary includes travel from Macapá to riverside communities such as Cachaço Village, as well as local cultural experiences, hiking trails and river bathing. Overnight stays are in rustic forest lodgings, and there are boat trips on the Amapari River, opportunities to watch wildlife, stories told by locals, and visits to spectacular landscapes such as the Lagoa Azul. The expedition ends with a sensory experience in the pristine surroundings of Montanhas do Tumucumaque (Tumucumaque Mountains) National Park.

Tourist hot spots: Trilha da Copaíba (Copaíba Trail) and Trilha Ecológica do Monitoramento (Ecological Monitoring Trail); Navigation on the Amapari River; and diving in the Lagoa Azul.

When to go: Dry season.

Social Media: amapaecocamping.com.br / [@amapaecocamping](https://www.instagram.com/amapaecocamping)



Amazônia in its Time



Tourist region: Amazonas das Praias e Tradições (Amazon of Beaches and Traditions).

Municipality: Iranduba.

Description: Come and check out life in a riverside community where visitors can take nature walks, learn about local culture and conservation, sustainability, and environmental education projects, and enjoy regional cuisine, especially the Amazonian fish.



Tourist hot spots: Anavilhanas National Park; Trilha da nascente (Spring trail); Canoeing; Overnight stay in the woods; Flour mill.

When to go: From September to March.

Social media: [Amazônia in its Time](#)



Negro River Paths Route



Tourist region: Amazonas das Praias e Tradições (Amazon of Beaches and Traditions).

Municipalities: Manaus, Iranduba, Novo Airão and Barcelos in the state of Amazon.

Description: Caminhos do Rio Negro (Negro River Paths) has a long course, about 630 km, with trails on land and water that go through conservation units of the Lower Negro River Mosaic. Visitors can choose shorter trails and still have the chance to experience the beauty of the Amazon Rainforest and its biodiversity, as well as enjoy cultural attractions, especially the traditional communities that work with community-based tourism.



Tourist hot spots: During the flood season, the best way to enjoy the historical aspects of the colonization process of the Negro River is by taking the trails through the flooded forests (igapó). During the dry season, the most beautiful paradisaical beaches of the Negro River come into their own. No matter the season, you can swim in the Negro River, check out the caves and viewpoints, and see the Amazonian animals and plants.

When to go: All year round.

Social media: [@caminhosdorionegro](#)



Indigenous Immersion in the Negro River

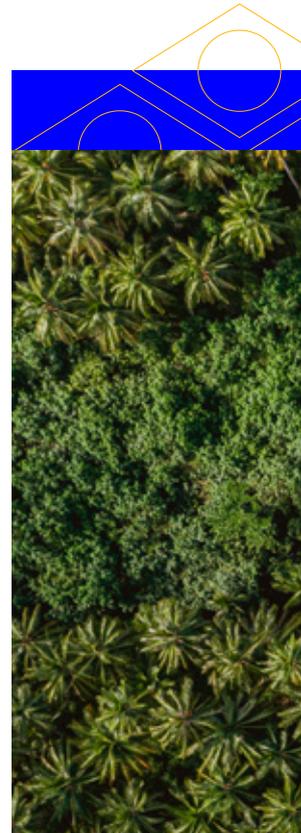
Tourist region: Capital of Amazônia.

Municipality: Manaus.

Description: Sustainable tourism and cultural experience with Indigenous peoples of the Amazônia, departing from Manaus on an exclusive boat to a traditional maloca on the banks of the Negro River. Visitors participate in rituals, songs, and traditions, as well as walking through the forest to learn about medicinal plants and survival techniques. The activity strengthens local entrepreneurship and provides a genuine connection with the forest and its peoples.

When to go: From July to December.

Social media: [Indigenous Immersion in the Negro River](#) / [@amazonexplorers](#)



Up to the Tucupi Tour

Tourist region: Capital of Amazônia.

Municipality: Manaus.

Description: Check out the 'Até o Tucupi Tour' (Up to the Tucupi Tour) - it will give you a taste of the Amazonian cuisine and connect you to the flavors of the forest and the history of Manaus' cultural diversity. The tour takes place in the historic center of the city, where you'll get to try typical dishes like pirarucu (fish), tucumã (fruit), and tucupi (broth). You'll also visit some places that are really important in the city's history. The experience combines authentic flavors, good stories, and the Amazonian culture, and it's accessible to people with reduced mobility, autism, the elderly, and children.

Tourist hot spots: Municipal Market.

When to go: From July to December.

Social media: [@uikaexperiencias](#)



Jaú National Park

Tourist region: Encantos do Rio Negro e Amazonas das Praias e Tradições (The charms of the Negro River and the Amazon of Beaches and Traditions).

Municipalities: Novo Airão and Barcelos.

Description: Jaú National Park, a Natural Heritage Site and Ramsar Site, has important records of human occupation in the lower Negro River, with archaeological sites dating back up to 1,500 years, petroglyph, and traces of the rubber cycle. It's considered a giant of black waters in the heart of the Amazônia, and it protects the Jaú River basin with springs, streams, rivers, and the famous Carabinani waterfall, which has 18 falls. The environment is diverse, with *buriti* palm groves, campinaranas (Amazonian ecosystem), Negro River grasslands, flooded forests, and dry land forests. Ecotourism itineraries depart from the base at the mouth of the Jaú, but they vary depending on the floods and droughts. You can choose to experience isolation, navigation, or contact with local communities. The Jaú National Park is part of the Central Amazon Biosphere Reserve, and it's a unique refuge of biodiversity, culture and adventure.

Tourist hot spots: Carabinani Waterfalls (bathing, contemplation, meditation, canoeing, tubing, and rafting); Jaú River and beaches; Petroglyphs (archaeological sites and stone inscriptions); Wildlife viewing (especially birds, turtles, dolphins, macaws) and magnificent trees (kapok, macucus, and macacarecuias trees); Itaupal trail (3.5 km); traditional culture.

When to go: All year round.

Social media: @parquenacionaldojau



Anavilhanas National Park



Tourist region: Amazonas das Praias e Tradições (Amazon of Beaches and Traditions).

Municipality: Novo Airão.

Description: Anavilhanas National Park, on the Negro River, is famous for its interactive tourism with the red river dolphins in Novo Airão, a practice that began in 1998 and has become its main attraction. The archipelago is the second largest river archipelago in the world. It has around 400 islands and 60 lakes. During the dry season, beautiful beaches like Aracari, Camaleão, and Iluminado appear, in addition to the city's Orla Beach. Visitors can check out several land trails among century-old trees, water trails through streams, holes, and flooded forests, as well as birdwatching or scenic flights over the forest. It's a well-known Natural Heritage Site and Ramsar Site, and it's part of the Central Amazon Biosphere Reserve and the Mosaic of Protected Areas of the Lower Negro River. It's a great place for ecotourism, adventure, and meditation.



Tourist hot spots: Interactive tourism with the red river dolphins (you get to float with the dolphins); Beaches of the Archipelago.

When to go: From June to November.

Social media: [@parquenacionaldeanavilhanas](https://www.instagram.com/parquenacionaldeanavilhanas)



Amazônia National Park

Tourist region: High Tapajós

Municipalities: Aveiro, Itaituba, Maués.

Description: The Amazon National Park, on the Tapajós River, is a huge area of forest and mountains home to isolated Indigenous peoples and more than 30 archaeological sites, such as Mambuáí, Tracoá, Arixí, and Montanha. These sites witness the presence of the Tapajó, Sateré-Mawé, Munduruku and Tupinambá ethnic groups. Besides the historical records on rocks and streams, the park's biodiversity is impressive, with majestic trees such as kapok and rich fauna, attracting birdwatchers in search of emblematic species such as the colors of the Golden Parakeet (*Guaruba guarouba*), the beauty of the Harlequin Antbird (*Rhegmatorhina berlepschi*), the song of the Band-Tailed Manakin (*Cyphorhinus arad*), and one of the largest birds of prey in the world, the Harpy Eagle (*Harpia harpyja*). Its caves, made up of limestone and sandstone, are home to species that are only found there and have a lot of potential for research and tourism. The Tapajós River is a picture-perfect landscape, with rapids, reefs, and beaches with blue-green waters, such as the Cabano Rapids, Uruá Beach, Uruá Rapids, and Capelinha Trail, inviting visitors to swim and relax. There are some great trails in the park, like the Tracoá, Morro da Terra Preta, Piçarreira, Gameleira, Açaizal, and some stunning springs. All of these add to the park's appeal, making it a real sanctuary of history, science, and natural beauty.

Tourist hot spots: Corredeiras do Uruá (Uruá rapids); Archeological sites.

When to go: All year round.

Social media: [Amazônia National Park](#)



São Luís Cultural Quilombo Tour

Tourist region: São Luís Hub.

Municipality: São Luís.

Description: The Liberdade Quilombola Territory was the first urban quilombo to be recognized in the state of Maranhão. Its area covers five neighborhoods in the city of São Luís: Liberdade, Camboa, Fé em Deus, Diamante and Sítio do Meio. With a population of around 160,000, it is one of the largest urban quilombos in Latin America. The São Luís Cultural Quilombo Tour invites visitors to discover the true essence of the term 'urban quilombo'. Rooted in an appreciation of Black ancestry, it is characterized by neighborhoods comprising remnants of quilombos and an appreciation of ethnic-quilombola identity. This perspective of self-affirmation and belonging is evident in the collective and territorial context of these individuals.

Tourist hot spots: Mercado Municipal da Liberdade (Liberdade Municipal Market); Terreiro Ylé Ashé Obá Yzôo (Ylé Ashé Obá Yzôo Temple); the Traditional Bloco Os Indomáveis Show; Bumba Meu Boi da Floresta; Terreiro Ilé Ashé Ogum Sogbô (Ilé Ashé Ogum Sogbô Temple); Bloco Afro Abiyeyé Maylô; Tambor de Crioula Maracrioula; Bumba Meu Boi de Leonardo; Produtora Novo Quilombo – Reggae; and Bloco Afro Netos de Nanã (all subject to community availability).

When to go: All year round.

Social media: @mundogekos



Bar da Hora Settlement

Tourist region: Lençóis and Delta Hub.

Municipality: Barreirinhas.

Description: This boat trip along the Preguiças River takes visitors through palm-tree and mangrove landscapes, passing fishing villages such as Vassouras, Espadarte, Morro do Boi and Moitas. Beautiful beaches and the dunes of the Pequenos Lençóis can be seen en route to Mandacaru, home to the Preguiças Lighthouse. After visiting the lighthouse, the boat continues to Bar da Hora Settlement, where the community presents its sustainable practices, with an emphasis on producing organic fertilizer and operating the community-built biodigester sewage treatment system. There is also a presentation on the community's way of life, which is based on artisanal fishing and community-based tourism. The tour then continues to two residences where organic produce is grown and free-range chickens are raised, before ending with a visit to the women's community garden. A seafood-based lunch (shrimp, mussel, clams, crab and oysters) or traditional dishes such as duck and free-range chicken is followed by a canoe or motorboat nautical trip along the riverbank led by a local guide who shares the traditional fishing techniques still used in the region.

Tourist hot spots: Lençóis Maranhenses National Park.

When to go: All year round.

Social media: [@povoado_bar_da_hora](#)



Adventure in Chapada das Mesas plateau

Tourist region: Chapada das Mesas Hub.

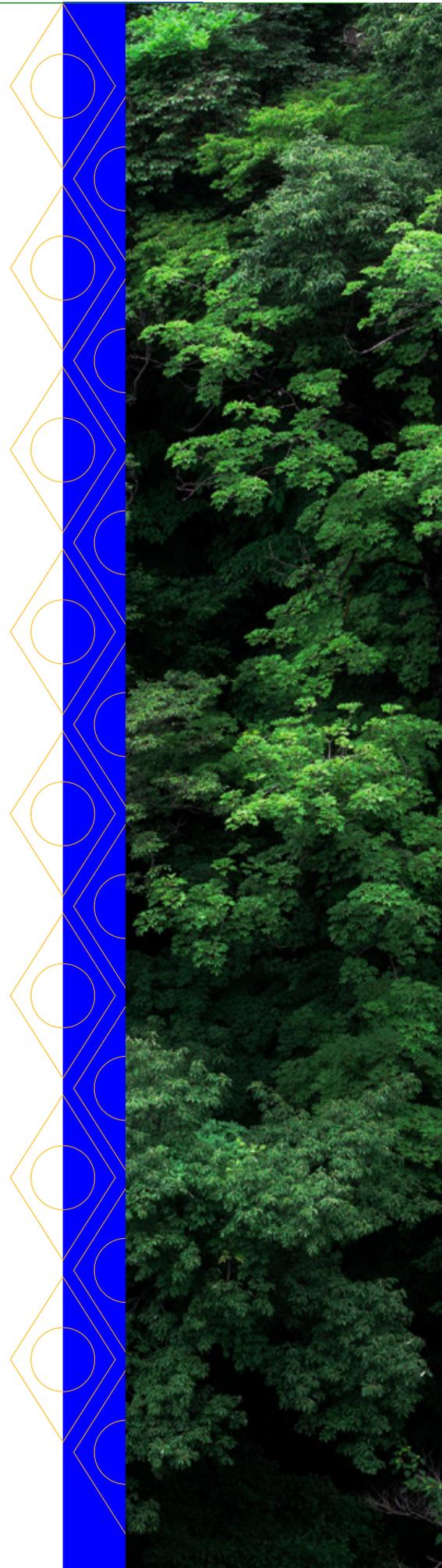
Municipalities: Fortaleza dos Nogueiras, Balsas, Macapá, Carolina and Riachão.

Description: This exclusive itinerary invites visitors to explore the wonders of Chapada das Mesas National Park, offering a perfect combination of stunning natural landscapes, regional traditions and fascinating palaeontologic discoveries. The tour begins with a visit to the park's magnificent waterfalls, where crystal-clear falls, impressive rock formations and lush greenery of the Cerrado provide an unforgettable backdrop. During the tour, visitors can take in the scenery, refresh in the pure waters and capture unique moments. The tour then continues with stops at local residents' homes, offering visitors an authentic insight into the region's culture. This is an opportunity to hear stories, sample traditional cuisine, and experience the warm hospitality of the people of Maranhão. The adventure ends with a visit to the famous Dinosaur Footprints Trail, where you can walk among the marks left by prehistoric animals that inhabited the region millions of years ago. It's a true encounter with the history of our planet in the heart of the Brazilian Cerrado.

Tourist hot spots: Chapada das Mesas National Park and Dinosaur Footprints Trail.

When to go: All year round.

Social media: [@nandaecotrilhas](#)



Walking Tour - Griot Praia Grande City



Tourist region: São Luís Hub.

Municipality: São Luís.

Description: Afro-themed walking tour in the historic center of São Luís, a UNESCO World Heritage Site. The experience takes visitors on a journey through the African-São Luís stories that echo in this tangible heritage of the city. A unique moment of connection with the island of love. The tour includes stops at Largo do Carmo (Carmo Square), Praça João Lisboa (João Lisboa Square), Rua Portugal (Portugal Street), Rua do Giz (Giz Street) (voted the 6th most beautiful street in Brasil), sunset view overlooking the sea, visit to the Museu Palácio dos Leões (Lions' Palace Museum), the Museu de Artes Sacras (Museum of Sacred Art), and the Monumento à Diáspora Africana (African Diaspora Monument).

Tourist hot spots: Historic Center of São Luís – UNESCO Cultural Heritage Site.

When to go: All year round.

Social media: @cidadegriot



Spectacle of Luminous Plankton in Lençóis Maranhenses



Tourist regions: Lençóis and Delta Hub.

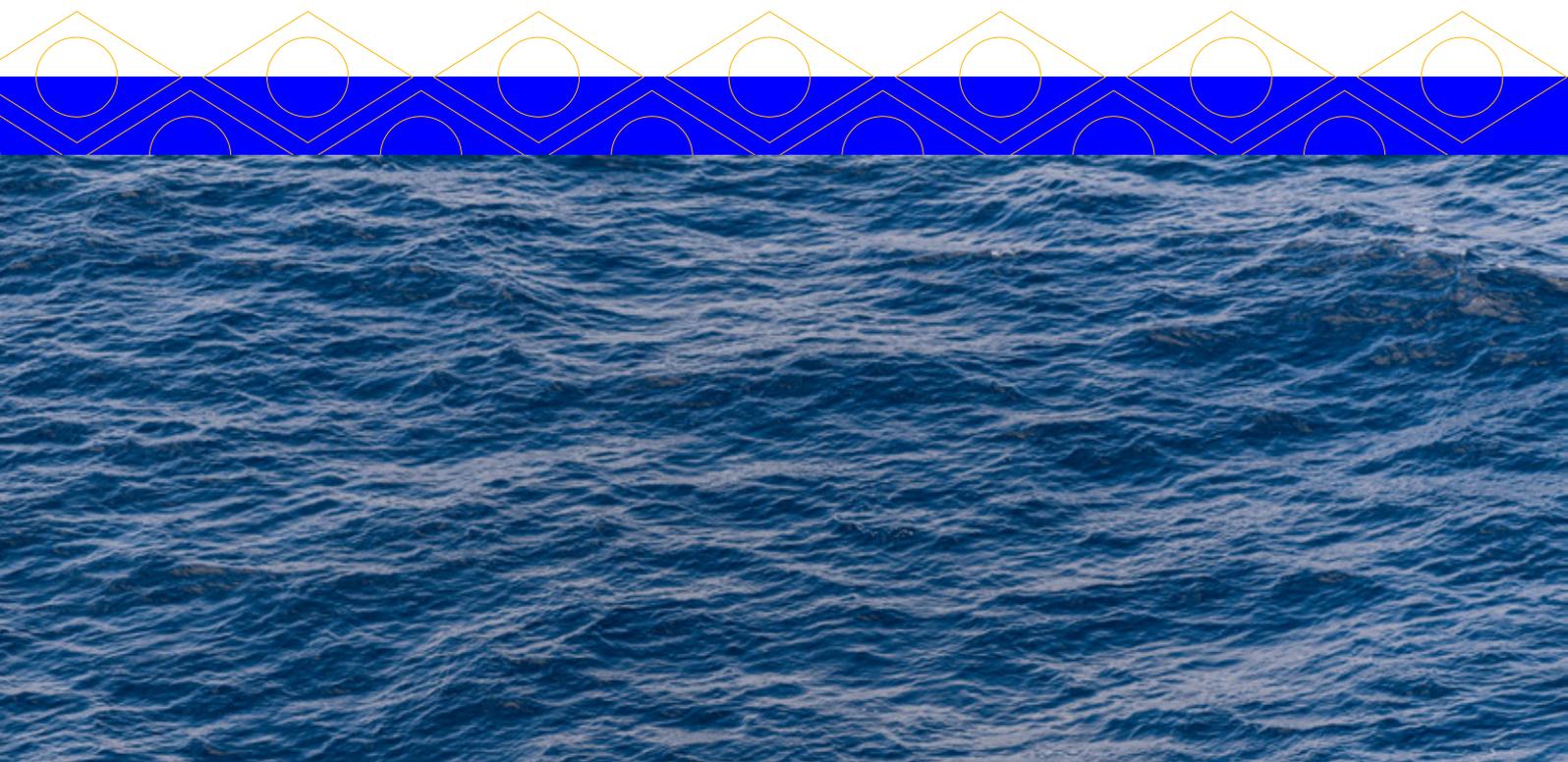
Municipalities: Barreirinhas and Atins.

Description: In Atins, located in the Lençóis Maranhenses, state of Maranhão, a magical phenomenon occurs: at night, luminous plankton transmute the sea into a sparkling mirror of blue light. The experience begins in the late afternoon with transportation to Praia do Canto de Atins beach, followed by explanations about the bioluminescence phenomenon. Next, visitors experience immersion in the microorganisms that glow when agitated by waves or touch. Finally, there is an opportunity to contemplate the starry sky far from the lights of the village.

Tourist hot spots: Contemplation of the starry sky and the Milky Way from the dunes, and the phenomenon of bioluminescence in the sea.

When to go: All year round on days when there is a new moon.

Social media: [@atinsventures](#)



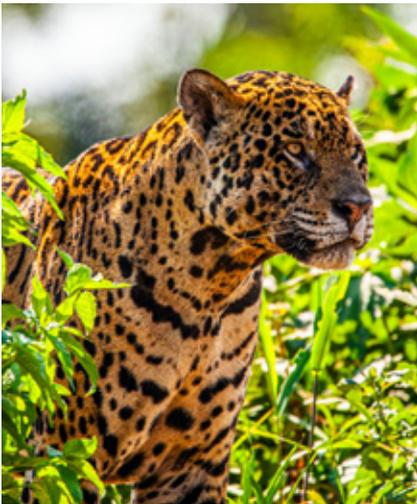
Jaguar watching in the Pantanal of Mato Grosso



Tourist region: Pantanal of Mato Grosso.

Municipality: Poconé.

Description: A unique, exciting experience in search of the largest feline in the Americas in its habitat: the jaguar. Also known as the American tiger, the jaguar is one of the symbols of the biome of Pantanal, an area with a high concentration of these animals.



Tourist hot spots: Pantanal.

When to go: From May to October.

Social media: [@descubramatogrosso](#)



Birdwatching



Tourist regions: Pantanal of Mato Grosso; Warters Circuit; and, Agribusiness Portal.

Municipalities: Poconé, Barão de Melgaço, São José do Rio Claro and Alta Floresta.

Description: Birdwatching experience in some of the world's main hotspots. Mato Grosso's landscape ranges from the flooded regions of the Pantanal to the savanna of the Mato Grosso Cerrado to the Amazon Rainforest. Visitors have access to preserved environments with extensive biodiversity and are guided by experts and tour operators.

Tourist hot spots: Encontro das Águas State Park and Sinop Forest Garden.

When to go: All year round.

Social media: [@descubramatogrosso](#)



Brasnorte Ethnic and Eco Tourism



Tourist region: springs.

Municipality: Brasnorte.

Description: Guided trails led by Indigenous people through the Amazon Rainforest of Mato Grosso; River bathing; Artisanal canoe trips; Fishing using the techniques of each ethnic group; Cultural experiences involving ethnic costumes and body paint; Gastronomic experiences featuring elements of ancestral cuisine; and participation in dance, ritual, singing, and mysticism. The immersion in the villages complies with ABNT NBR safety standards and involves the community throughout the process. The journey from Brasnorte to the villages includes paved highways and well-maintained dirt roads.

Tourist hot spots: Learning to play the short and long flutes of the Rikbaktsa people, observing the healing and thanksgiving prayers of the Myky people, and participating in the purification ritual of the Manoki people.

When to go: From April to November.

Social Media: Rikbaktsa: [@aldeiaescolinha](#) / [@aldeiaprimavera.rikbaktsa](#)
Myky: [@aldeiajapuiramyky](#) / Manoki: [@aldeiacravari.manoki](#)



Birdwatching

Tourist region: Madeira Mamoré Tourist Hub.

Municipality: Porto Velho.

Description: Birdwatching in Porto Velho, the capital of Rondônia, is gaining popularity as an ecotourism and environmental education activity. The city, located in the heart of Amazônia, and its surroundings are home to a diverse bird population, with hundreds of species recorded, including endemic and migratory birds. Popular locations for birdwatching include the Madeira-Mamoré Railway, Porto Velho Natural Park, and the Jamari National Forest on the banks of the Madeira River, as well as urban and rural forests. These areas provide ideal conditions for birdwatching, offering a variety of habitats such as streams, dry forests, fields, and wetlands. Birdwatching attracts amateur observers, nature photographers, researchers, and tourists who explore trails and viewpoints with local guides, binoculars, and photographic equipment. Birdwatching promotes sustainable tourism, fosters local income generation, and contributes to the appreciation of Amazonian biodiversity. In addition to tourism, birdwatching has been incorporated into environmental education and citizen science initiatives, fostering a sense of belonging and ecological awareness among residents and visitors.

Tourist hot spots: Porto Velho Natural Park; Cuniã Lake, Jacundá National Forest; Cuniã Lake Extractive Reserve; Bom Futuro National Forest; Madeira-Mamoré Railway (EFMM) complex.

When to go: From May to September.

Social Media: amazonbirdwatching.com.br / [@amazonbirdwatching](https://www.instagram.com/amazonbirdwatching)



Experience in the Paiter Suruí Indigenous Community



Tourist region: Madeira Mamoré Tourist Hub.

Municipalities: Porto Velho and Cacoal.

Description: The Yabnaby Tourism experience, located in the Indigenous territory 480 km from Porto Velho, offers visitors an in-depth exploration of the Paiter Suruí culture, spirituality, and way of life. Visitors are welcomed to the Lapetanha village, where they participate in activities with the Garah Biá cooperative. They also visit the forest and the Árvore Grande (Big Tree), a spiritual symbol, and observe agroforestry management and Brasil nut production. The experience includes conversation circles, cultural presentations, and connection with ancestral knowledge, promoting an authentic and respectful cultural exchange in an environment rich in Amazonian biodiversity.



Tourist hot spots: Lapetanha Village: the reception point where visitors are introduced to the Paiter Suruí culture and history; Garah Biá Cooperative: an exhibition of traditional handicrafts and sustainability projects; Árvore Grande (Great Tree): a sacred place in the forest with strong spiritual and cultural symbolism; Interpretive trails: led by local residents with a focus on forest wisdom; Ethnocultural workshops: experiences of Indigenous songs, rituals, food, and traditions; Agroforestry activities: harvesting and processing Brasil nuts.

When to go: From June to November.

Social media: www.turismopaiter.com.br

Roraima Birdwatching Route



Tourist region: Northernmost part of Brasil and Roraima, the Amazon Savanna.

Municipalities: Amajari, Uiramutã, Boa Vista, Cantá, Mucajaí and Caracaraí.

Description: Roraima is a unique destination for birdwatchers. The state is home to rare, endemic, and endangered species, offering remarkable experiences amid stunning Amazonian landscapes. The Roraima Birdwatching Route offers direct contact with nature, expert-guided trails, and opportunities for contemplation and connection. It also contributes to environmental conservation and strengthens local communities. The Viruá National Park, located in the municipality of Caracaraí, is one of the state's great icons. It is home to a rich diversity of birds, mammals, and Amazonian plants.

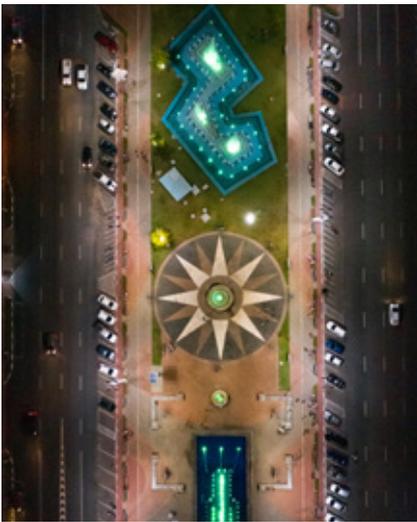
Tourist hot spots: Viruá National Park; Serra do Viruá (Viruá Mountain); and Mirante da Serra (Mountain Belvedere), with panoramic views of the 'campinaranas', dry land forests, and floodplains.

When to go: All year round.

Social Media: [Roraima Birdwatching Route](#) / [@birdingroraima](#)



Route of Boa Vista, Capital of the Northernmost Part of BRASIL



Tourist region: Roraima, the Amazonian Savanna

Municipality: Boa Vista.

Description: Boa Vista is the only Brazilian capital city located above the equator, with a unique climate and population. It has the largest hotel hub in the state and several public squares where families can enjoy everyday life. It boasts the largest public viewpoint in the Amazon region and one of the largest in Brasil. The diverse and enchanting cultural and city tour itineraries cover the streets and the historical and cultural formation recounted by the tour guides. Visitors can observe wildlife in parks, forests, and the lively waters of the Branco River. Sunset tours offer an unparalleled spectacle accompanied by songs and poetry performed by local artists.



Tourist hot spots: Rio Branco Park, with the Edileuza Lóz Belvedere and Selvinha Amazônica (Little Amazon Jungle); City Hall; Handicraft Center; Taumanan Waterfront; Monument to the Pioneers; Pier bars; Carmo Church; Prelacy; Civic Center Square (day and night); Águas Square; Ayrton Sena Sports Complex (millennium portal, musical fountain, Fábio Paracat Square, bars); Mirandinha Square; Bambus Square; Ville Roy pubs; Garden Shopping Mall; Pátio Roraima Shopping Mall; Macuxis Bridge; Mother Church; São Francisco Church; São Mateus Church; Bosque dos Papagaios (Parrots Woods); and Canarinho Stadium.

When to go: All year round.

Social media: [Route of Boa Vista, Capital of the Northernmost Part of Brasil](#)



Monte Roraima Expedition - Transcendental

Tourist region: Northernmost part of Brasil.

Municipality: Boa vista.

Description: An immersive experience of self-discovery, spirituality, and connection with the wild, ancestral nature of the northernmost part of Brasil. During the journey, visitors walk in silence along trails, practice meditation and conscious breathing, and engage in introspection in one of the most enigmatic and energetic places on the planet: Monte Roraima (Roraima Mount), located at the intersection of Brasil, Venezuela, and Guyana. This unique ecotourism experience combines the physical challenge of trekking with spiritual contemplation. Led by specialized guides, visitors will have moments of personal reflection and integrative practices amid unique landscapes, such as stone walls, mystical fog, and the native fauna of the Amazon savanna. This unique ecotourism experience is recommended for those seeking more than just incredible landscapes. Monte Roraima is an imposing tabletop mountain, or table-shaped rock formation, and one of the oldest on the planet. Considered one of the most emblematic destinations in Amazônia, it offers unforgettable long-distance treks.

Tourist hot spots: Long-distance trail in the Amazon savanna with panoramic views; Natural viewpoints and outdoor camps ideal for stargazing and meditation; Bathing in crystal-clear rivers and pools on the plateau; Introspective experiences and meditation in places of intense energy, which promote self-knowledge and emotional balance.

When to go: From September to March.

Social Media: roraimaadventures.com.br / [@roraimaadventures](https://www.instagram.com/roraimaadventures)



Ecotourism Route - Tepequém Mountain



Tourist region: Northernmost part of Brasil.

Municipality: Amajari.

Description: Serra do Tepequém, located in an old mining village, is one of the most beautiful destinations on the Roraima Ecotourism Route. The village promoted mineral extraction from the 1940s to the 1970s. When mining activities ended, the village was transformed into a tourist destination, offering various ecotourism and regenerative tourism itineraries where visitors can enjoy a combination of ecotourism and regenerative tourism. Visitors can enjoy various experiences involving nature trails, gastronomy, crafts, culture, art, music, and the village's history on these itineraries. Tepequém has a wide range of tourist infrastructure, including hotels, inns, restaurants, snack bars, drivers, and tour guides. The area also hosts various events, some of which are already on the Tourist Calendar of the Ministry of Tourism, such as the Picuá Exhibition and Tepequém UP.

Tourist hot spots: Cachoeira do Paiva (Paiva Waterfall); Tilim do Gringo; Cachoeira do Barata (Barata Waterfall); Corredeiras do Cabo (Corporal Sobral Rapids); Platô do Tepequém (Tepequém Plateau); Cachoeira da Laje Verde (Green Slab Waterfall); Pedra Mão de Deus (God's Hand Rock); and Cabana do Garimpeiro (Miner's Cabin).

When to go: From January to December.

Social media: [Ecotourism Route – Tepequém Mountain](#)



Ethnotourism Route - Ancestral People in Roraima



Tourist region: northernmost part of Brasil.

Municipalities: Pacaraima, Uiramutã, and Normandia.

Description: The state of Roraima is home to more than 20 Indigenous ethnic groups that inhabit the northern part of the territory. The most notable groups are the Macuxi, Pemon, Ingarikó, and Taurepang peoples. Visitors to the municipalities of Pacaraima, Uiramutã, and Normandia can experience ancestral traditions by visiting sacred sites, participating in traditional rituals, and sampling Indigenous cuisine featuring chili peppers. The landscapes, reminiscent of places of spectacular beauty, tell the history of the struggle and resistance of the ancestral peoples who have inhabited these lands for thousands of years.

Tourist hot spots: The Kauwê and Boca da Mata Indigenous Communities, with trails and waterfalls; the Flexal Regional Center that houses the Paiuá, Urucá, and Sete Quedas waterfalls in Uiramutã; and the Raposa I Indigenous Community.

When to go: All year round.

Social media: [Ethnotourism Route - Ancestral People in Roraima](#)



Raposa I Serra do Sol Indigenous Community



Tourist region: northernmost part of Brasil.

Municipality: Normandia.

Description: The Raposa I Indigenous Community is home to the Macuxi people, one of the most traditional tribes to have inhabited Brazilian soil for generations. The community continues to maintain its ancestral culture and way of life, including sacred rituals such as the Parixara dance and smoking ceremonies that aim to cleanse and protect community members and visitors spiritually. Visitors can sample traditional Macuxi cuisine, which is mostly prepared with ingredients produced on the community's land. Visitors can see plantations of various vegetables and animal breeding, such as pigs and chickens, which provide food for the Indigenous people. Additionally, some community members continue to fish and hunt in the region's lakes and green areas, which, combined with tourism, helps preserve these ancient practices and the local culture. The region boasts beautiful natural landscapes consisting of trails, waterfalls, rivers, and lakes. The region's hot and humid climate, with few rainy periods, facilitates tourism in water bodies. Visitors stay in the homes of the Indigenous people, with tents or hammocks. They share the daily life and experiences of the Macuxi people.



Tourist hot spots: The community's landscape; Connection with nature at the waterfall on the 'Cultural Trail of the Raposa Waterfall'; Cultural immersion in the sacred Raposa Serra Sol territory, where visitors can practice the traditional Macuxi activity of archery, watch the Parixara dance, and participate in the art of making clay pots with female Indigenous elders. Visitors can also listen to their stories and memories or take the 'Rainbow Mountain Walk' to watch the sunset.

When to go: From October to March, due to the drier season.

Social Media: [etnoturismo.raposa23](https://www.instagram.com/etnoturismo.raposa23/) / [@rockypasseiosturisticosrr](https://www.instagram.com/rockypasseiosturisticosrr)



Jalapão

Tourist region: Charms of Jalapão.

Municipalities: Palmas, Mateiros, São Félix do Tocantins.

Description: The experience begins in Palmas and ends in the Jalapão region, covering the State Park and other surrounding conservation areas. Visitors will explore the region's natural and cultural riches. The itinerary includes immersive experiences in three main quilombo communities in Jalapão. Residents organize activities in partnership with the team, providing visitors with a genuine connection to the local culture. Visitors also explore the region's most impressive natural attractions, including waterfalls, 'fervedouros' (natural pools), and unique rock formations. This combination of exuberant nature and cultural interaction makes the tour a unique opportunity to experience the essence of the Jalapão region.

Tourist hot spots: Jalapão waterfalls and 'fervedouros'; Rock formations; Quilombola communities; and cultural and gastronomic experiences.

When to go: From May to September.

Social Media: jalapaoexpedicoes.com.br / [@jalapaoexpedicoes](https://www.instagram.com/jalapaoexpedicoes)

www.praiaricaexpedicoes.com.br / [@praiaricaexpedicoes](https://www.instagram.com/praiaricaexpedicoes)



Tradition and Adventure in the Serras Gerais



Tourist region: Serras Gerais.

Municipalities: Almas, Arraias, Aurora do Tocantins, Dianópolis, Lavandeira, Natividade, Novo Jardim, Paranã, Pindorama, Rio da Conceição and Taguatinga.

Description: A unique experience characterized by the diversity of natural landscapes and cultural expressions in the Serras Gerais region of southeastern Tocantins. The area boasts impressive geological formations, including mountains, canyons, and caves. It is also home to an abundance of rivers, waterfalls, and crystal-clear springs, making it an ideal destination for ecotourism, adventure, and relaxation. Visitors can also learn about the local culture, which is strongly influenced by rural traditions, popular religiosity, and the welcoming, simple lifestyle of the communities. The regional cuisine consists of traditional dishes made with ingredients from the Cerrado, such as native fruits and traditional recipes passed down through generations.

Tourist hot spots: Cachoeira da Cortina (Cortina Waterfall); Cânion Encantado (Enchanted Canyon); Poço Azul (Blue Well); Águas Lindas (Beautiful Waters) Complex; Cachoeira do Catoá (Catoá Waterfall); Praia do Pequizeiro (Pequizeiro Beach); Rio Azuis (Azuis River); Historic Center of Natividade and Arraias; Lagoa do Japonês (Japanese Lagoon); Tubing on the Manoel Alves River; Cavalhadas de Taguatinga and Lagoa Bonita (Beautiful Lagoon).

When to go: All year round.

Social Media: [@serrasgeraistocantins](#) / [@_descubraotocantins](#)





EXPERIENCES OF BRASIL

NORTHEAST

Maceió



Tourist region: Pontal da Barra.

Municipality: Maceió.

Description: Full immersion in the local culture, blending tradition and authenticity. Visitors have the opportunity to experience experiential tourism through crafts and nature. The journey is completed with local cuisine that celebrates the region's ingredients with rich, typical flavors. This is a unique experience that connects visitors to the roots and beauty of the place.

Tourist hot spots: Tour of the Mundaú lagoon and the Bairro das Rendeiras (Lace Makers' District).

When to go: From September to April.

Social media: [@semtur.maceio](#)



Afro-tourism in Quilombo dos Palmares

Tourist region: Quilombos region.

Municipality: União dos Palmares.

Description: The Serra da Barriga (Belly Mountain) region in União dos Palmares, Alagoas, is recognized as the cradle of Black culture and a symbol of the resistance led by Zumbi dos Palmares in the 17th century. Listed as Brazilian Cultural Heritage by the National Historical and Artistic Heritage Institute (Instituto do Patrimônio Histórico e Artístico Nacional, Iphan), the region preserves Afro-Indigenous traditions and honors the memory of the Quilombo dos Palmares - an important reference in the fight against slavery. The site is also a space for religious and cultural manifestations of African origin, strengthening quilombola identity and celebrating the legacy of Zumbi, a martyr whose history represents courage, resistance, and the struggle for freedom for Black people.

Tourist hot spots: Muquém Community and Zumbi dos Palmares Memorial Park.

When to go: All year round.

Social media: [@instanciadosquilombos](#)



Rotas
Negras

Manatee Watching



Tourist region: Costa dos Corais.

Municipality: Porto de Pedras.

Description: The itinerary includes a visit to the Peixe Boi (Manatee) Association in the Costa dos Corais (Reefs Coast) region on the Milagres Ecological Route. There, a community project is developing to preserve manatees in the Tatuamunha River. This organized, sustainable tourist activity allows visitors to observe manatees in their natural habitat, which includes ecosystems such as mangroves and coral reefs. The area is protected by the Costa dos Corais Environmental Protection Area. In addition to providing an opportunity to watch these animals, the experience promotes environmental education and reinforces the importance of preservation, making it an ideal place for integrating tourism and nature.

Tourist hot spots: After crossing the Tatuamunha River by raft, visitors can stop to watch manatees in the wild for an exciting experience.

When to go: All year round with prior booking.

Social Media: www.peixeboi.org.br / [@associacaopeixeboi](https://www.instagram.com/associacaopeixeboi)



Route in Cantos da Chapada



Tourist region: Chapada Diamantina.

Municipalities: Lençóis, Colônia and Nova Redenção.

Description: Authentic nature tourism that brings visitors closer to the daily lives of the communities surrounding the Chapada Diamantina National Park. These communities preserve the environmental heritage and traditions. This experience offers breathtaking landscapes, rural hospitality, and authentic activities such as picking fruit from trees and tasting artisanal coffee. Life in these communities is intertwined with the history of resistance of those who live off agroecology and are proud of their rural roots. Additionally, these settlements play a vital role in environmental preservation by cultivating agroforestry, fighting forest fires, and strengthening local cultural identity.



Tourist hot spots: Poço Azul; Morro do Pai Inácio (Father Inácio Hill); Rosely Nunes Settlement; Baixão Settlement; Casa de Maria (Maria's House) NGO; Remanso Quilombola Community; and Marimbus.

When to go: All year round, except on holidays. Between April and September, the sun's rays create a stunning effect at Poço Azul.

Social Media: [Route in Cantos da Chapada](#)



Birdwatching

Tourist region: Caminhos do Sudoeste.

Municipalities: Boa Nova and Iguai.

Description: The Caminhos do Sudoeste (Southwest Trails) region offers birdwatching experiences, with wild and endemic species distributed throughout untouched natural environments. With 'passarinhadas' (birdwatching) in Boa Nova and Iguai, visitors can contemplate the local birdlife in forests, rivers, and native woods, enjoying not only the birds but also the tranquility and natural beauty of the state's inlands.

Tourist hot spots: Lajedo dos Beija Flores and Boa Nova National Park.

When to go: All year round.

Social Media: [Birdwatching](#)



Quilombola Galeão Route



Tourist region: Costa do Dendê (Oil Palm Coast).

Municipality: Cairu.

Description: An immersive experience rich in culture, nature, and history. The experience begins unveiling the exuberance of the native forest and the charms of the local geography. Galeão is renowned for its authentic cuisine, which is considered one of the best in southern Bahia. The flavors highlight local ingredients and recipes that have been passed down from generation to generation. This itinerary invites you to appreciate the Afro-Brazilian culture, nature, and living history, offering an authentic and transformative experience in the heart of the Costa do Dendê.

Tourist hot spots: Visit to the Casa de Farinha (Flour House) and the piassava fiber processing shed.

When to go: From August to March.

Social Media: [@quilombodogaleao](#) / [@rotasalternativasba](#)



Jericoacoara Crocheters Women Handicraft Center

Tourist region: Emotions route.

Municipality: Jijoca of Jericoacoara.

Description: This is an immersive cultural tour that provides visitors with direct contact with the local community. During the tour, visitors can learn about the history and entrepreneurial journeys of women in the region. They can also participate in a crochet workshop and learn a stitch of this traditional art. The experience also includes tasting typical drinks and snacks, and a treat as a souvenir of this unique experience, which combines culture, learning, and local flavors.

Tourist hot spots: Handcraft Center.

When to go: All year round.

Social media: [@mundojeri_crochet](#)



Trails and Waterfalls of Maciço Baturit

Tourist region: Rota Verde do Café (Coffee Green Route).

Municipalities: Guaramirana, Baturité, Pacoti, Mulungu and others in the region.

Description: Complete immersion in nature and local culture amid the lush Atlantic Forest. Enjoy the mild climate, invigorating sounds of the Maciço Baturité's waterfalls, and trails. Visitors can explore nature trails, interact with traditional communities, discover regional crafts and cuisine, and get charmed by the music and customs of the Ceará countryside. This adventure-filled ecotourism experience offers authentic cultural encounters and delicious local cuisine, making the Maciço Baturité one of the most unique and well-preserved destinations in Ceará.

Tourist hot spots: Cachoeira do Perigo (Perigo Waterfall); Cachoeira do Sítio São João (São João Ranch Waterfall); Baturité Lookout Point; and visits to traditional communities, such as Sítio São João.

When to go: All year round.

Social media: [@cachoeiradocipo](#)

Tunnel of Love

Tourist region: Costa dos Ventos (Wind Coast) Route.

Municipalities: Caucaia, São Gonçalo do Amarante, Paracuru, Paraipaba, Trairi, Itapipoca, Amontada, Itarema and Acaraú.

Description: The Túnel do Amor on Moitas Beach is one of the most enchanting tours on the west coast of Ceará. Visitors travel by small boat along the Aracatiaçu River and pass through a natural tunnel formed by mangroves. This romantic setting is marked by the legend that couples who kiss there will never separate. The route showcases local biodiversity, including native birds, crabs, and coastal vegetation. It also promotes interaction with riverside communities and offers the opportunity to taste regional cuisine. A highlight is Ilha das Ostras (Oysters Island), where visitors can sample fresh oysters harvested on the spot. Local guides accompany visitors throughout the tour, offering a unique experience that combines nature, culture, and authenticity.

Tourist hot spots: Ilha das Ostras offers artisanal cuisine, including a tasting of fresh oysters, 'moquecas' (fish stews), and other seafood prepared by local fishermen and shellfish gatherers. Visitors can also meet with local communities and interact with riverside residents who share stories, traditions, and ways of life.

When to go: All year round.

Social media: [Tunnel of Love](#)

Ethnotourism on the Potiguara Trails



Tourist region: Potiguara Trails.

Municipality: Baía da Traição.

Description: The Potiguara Trails allow visitors to immerse themselves in the rich cultural heritage of the Indigenous peoples who inhabit the coastal region of Paraíba, especially in Baía da Traição (Bay of Betrayal). This historical culture is marked by resistance and resilience in the face of colonization and globalization, and it is essential to preserve and value it for generations to come. Among the traditions, sacred dances such as Toré, music and traditional instruments (drums and flutes), as well as handicrafts in basketry, weaving, and ceramics stand out. Indigenous spirituality, linked to nature and ancestors, is manifested in initiation and passage rituals, in the use of medicinal plants, and in traditional wisdom. Potiguara cuisine includes dishes based on seafood, cassava, and coconut, as well as typical drinks and sweets, such as Jurema and 'lambedores'.



Tourist hot spots: Rio do Gozo (Gozo River); Índio Severo Studio; Lagoa Encantada (Enchanted Lagoon); and Boca da Barra.

When to go: All year round.

Social media: [Ethnotourism on the Potiguara Trails](#)



Ararunas Path



Tourist region: Curimataú.

Municipalities: Araruna, Riachão de Araruna and Cuité.

Description: A complete immersion in stunning natural landscapes, crossing valleys, canyons and mountains up to 550 meters high. The trail connects well-preserved conservation areas and passes through villages and towns, always offering views of the neighboring state of Rio Grande do Norte. This trail offers a combination of adventure, contact with nature and cultural experiences.

Tourist hot spots: Pedra da Boca (Mouth Stone); Pedra da Caveira (Skull Stone); Rio Calabouço (Dungeon River); and Pedra do Altar (Altar Stone).

When to go: All year round.

Social Media: [Ararunas Path](#) / [@caminhodasararunas](#)



Charms of the Paraíba River



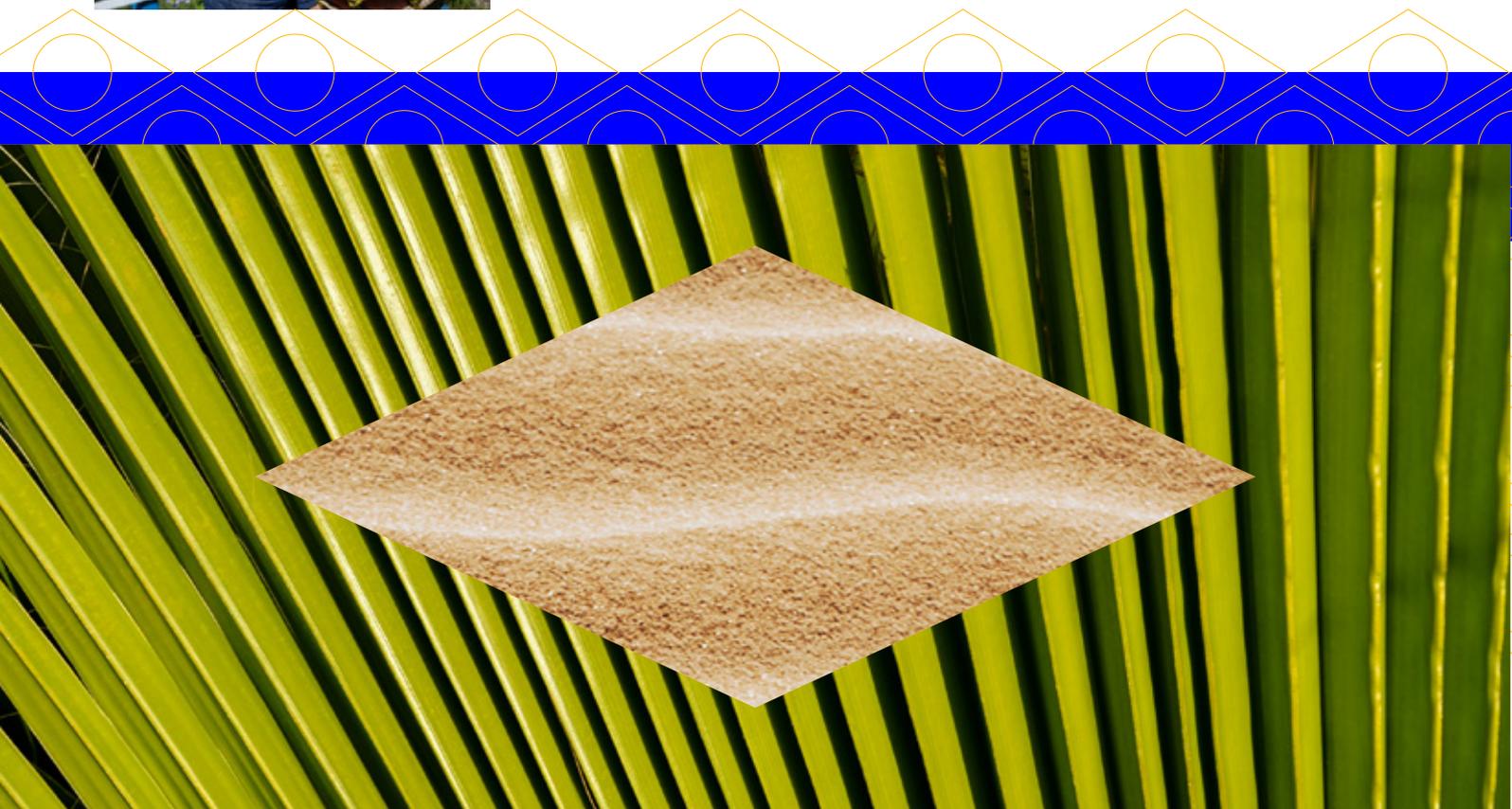
Tourist region: Sanhauá Route.

Municipalities: João Pessoa, Cabedelo and Santa Rita.

Description: Stretching 380 km, the Paraíba River is imbued with the culture and nature of the state of Paraíba. Since colonial times, the riverbanks have been home to fishermen, shellfish gatherers and traditional communities who have helped to preserve the region's heritage. Today, this River, which flows into the Atlantic Ocean, provides visitors with a unique experience, blending the richness of the mangrove ecosystems with deep-rooted cultural traditions. Visitors can walk along trails near the riverbank, observe local fauna and flora, bathe in the river and sample traditional regional cuisine prepared by local residents. Mornings are reserved for sailing and taking in the landscape, while afternoons offer the chance to relax in clear waters or take part in craft workshops.

When to go: All year round.

Social media: [@criativaturismopb](#)



National Park of the Fernando de Noronha Archipelago



Tourist region: History and sea.

Municipality: Fernando de Noronha Archipelago

Description: Fernando de Noronha is an ecological sanctuary of unparalleled beauty, where emerald-green and turquoise seas blend with iconic landscapes such as the Morros Dois Irmãos (Two Brothers Hills) and Morro do Pico (Peak Hill). Composed of 21 volcanic islands, the archipelago's main island covers 17 km² and is protected by the Marine National Park and the Environmental Protection Area, ensuring the biodiversity preservation. Recognized by UNESCO as a World Natural Heritage Site for its exceptional universal value, this destination combines exuberant nature with sustainability initiatives such as the Zero Plastic and Carbon Neutral programs, setting an example for the whole of Brasil. Viewpoints, beaches and stunning bays ensure an unforgettable experience for visitors from all over the world.

Tourist hot spots: Hawaiian canoe expeditions and diving to observe marine life.

When to go: From August to March.

Social Media: www.noronha.pe.gov.br / @noronha_oficial



Catimbau Valley National Park



Tourist region: Faith and art.

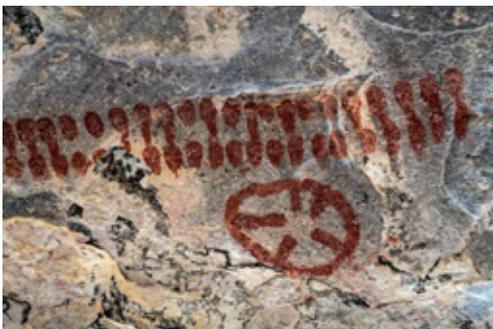
Municipality: Buíque.

Description: Buíque, known as the rock art capital of Pernambuco, is the gateway to the Catimbau National Park. The Park's geological formations date back 150 million years. This destination is notable not only for the scenic beauty of its rock formations, canyons, and caatinga plateaus, but also for the archaeological treasures found in its natural shelters. The Park features trails, water sources, small caves, ancient Indigenous cemeteries, and the Kapinawa Indigenous Reserve. It also carries a strong mystical energy. In the Vale do Catimbau, you will find the Sitio de Alcobaça (Alcobaça Site), which is shaped like an amphitheater and contains the largest rock art wall in Brasil. The wall features several paintings from the Agreste tradition and offers unique insights into the region's ancient history and culture.

Tourist hot spots: trails of Serra das Torres (Towers Mountain) and Lapeais; Loca das Cinzas; Pedra da Igrejinha (Little Church Stone); Santuário (Sanctuary); Homens sem Cabeça (Headless Men); Chapadão (Plateau); Canyon; Toca do Veado (Deer Hole); Torres (Towers); Pedra do Cachorro (Dog Stone); Breus (Darkness), and the Vale das Tartarugas (Turtles Valley). In the town of Vila do Carneiro, you can explore the Alcobaça trail and the Pé do Tambor, and enjoy the regional cuisine at Barro Preto.

When to go: All year round.

Social media: [@secretariadeturismobuique](#)



Formoso River Mangrove Route



Tourist region: Route 60 – South Coast.

Municipality: Rio Formoso.

Description: Immerse yourself in the history, culture and nature of Pernambuco on a tour of the Rio Formoso region. The tour begins at Engenho Machado (Machado Mill), which was visited by Dom Pedro II in the 19th century. After enjoying a traditional breakfast, visitors can explore the mangrove trails and learn about the local biodiversity and medicinal plants. At Engenho Siqueira (Siqueira Mill), you can connect with quilombola culture through handicrafts and the museum, which houses relics and stories of the community. The itinerary also includes the Rota dos Manguezais (Mangrove Route): a boat trip along the Formoso and Arikindá Rivers with stops at Cruzeiro do Reduto, a historic viewpoint overlooking the battle against the Dutch, and the mystical Pedra de Dona Inês (Mrs. Inês Stone). The tour ends with a seafood-based meal featuring coconut and cassava, as well as the authentic flavor of the Afro-Amerindian dish fungi. You will also have the opportunity to purchase handmade crafts made from shells and seeds, reflecting the essence of the local culture.

Tourist hot spots: Boat trip in the mangrove swamp; Praia da Pedra (Stone Beach) and the Mirante do Cruzeiro do Reduto (Cruzeiro do Reduto viewpoint).

When to go: From September to March.

Social media: [@engenho_siqueira](#)

Coral Biofactory



Tourist region: Route 60 – South Coast.

Municipality: Ipojuca (Porto de Galinhas).

Description: The Coral Biofactory carries out several activities focused on environmental education and biotechnological processes, to develop services that contribute to the recovery of coral reefs through coral cultivation. This initiative is unique in Brasil and is transforming tourism into a tool for reef regeneration in Porto de Galinhas. The biofactory promotes regenerative tourism by offering experiences in which visitors can directly participate in reef ecosystem restoration.

When to go: All year round.

Social Media: biofabricadecorais.com / [@biofabricadecorais](https://www.instagram.com/biofabricadecorais)



Nature Museum in Serra da Capivara Mountain National Park



Tourist region: Origins Hub.

Municipalities: São Raimundo Nonato, Coronel José Dias, São João do Piauí and Dirceu Arcoverde.

Description: An immersive experience taking visitors through the development of fauna and flora to the present day at the Museum of Nature. Located in the impressive Serra da Capivara National Park, which is home to over a thousand archaeological sites and the remains of the earliest human presence in the Americas, the museum itself is notable for its architecture: it is the first circular and spiral building in Brasil to be designed entirely with a metal structure.

Tourist hot spots: The museum's 12 experiential rooms; Free flight over the Serra da Capivara; and a ceiling projection narrated by the Brazilian singer Maria Bethânia.

When to go: All year round.

Social media: [@museudanaturezapi](https://www.instagram.com/museudanaturezapi)



Quilombo Mimbó



Tourist region: Historical and cultural hub.

Municipalities: Acauã, Amarante, Belém do Piauí, Betânia do Piauí, Cajazeiras do Piauí, Caridade do Piauí, Floriano, Francinópolis, Inhuma, Jaicós, Lagoa do Sítio, Oeiras, Paulistana, Pimenteiras, Regeneração, Sussuapara, Valença do Piauí, and Vera Mendes.

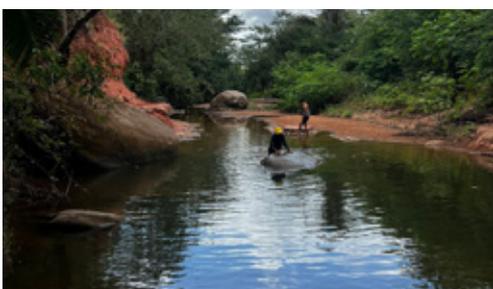
Description: Quilombo Mimbó is a traditional community that has existed for over 200 years. It was founded by Black families who sought freedom during the period of slavery, freeing themselves from slave owners in the state of Pernambuco. Recognized by the Palmares Cultural Foundation, Mimbó is a symbol of resistance, ancestry and innovation. The community preserves cultural traditions, embodying dignity, organization, and collective strength, reaffirming the quilombo identity through culture, memory, and ongoing resistance. Visiting Quilombo Mimbó offers an insight into the heart of Brasil, where history is palpable and the warm welcome of the quilombola people makes for an unforgettable experience.



Tourist hot spots: The Umbanda presentation at the São Jorge Guerreiro Umbanda Templo and the Quilombo Mimbó Show at the Cultural Space.

When to go: All year round.

Social media: [@quilombomimbo](https://www.instagram.com/quilombomimbo)



Flock of Scarlet Ibis in the Parnaíba Delta



Tourist region: Delta Coast Hub.

Municipality: Parnaíba.

Description: The only open-sea delta in the Americas is located on the border between the Brazilian states of Piauí and Maranhão. This unique ecosystem is renowned for its rich biodiversity and stunning landscapes, where mangroves, dunes, beaches and rivers converge in perfect harmony. Along the Parnaíba River, visitors can explore islands such as Poldros and Canárias, as well as mangroves, dunes and lagoons. Highlights of the tour include where the Parnaíba River meets the sea and the flight of the Scarlet Ibis at dusk – a thrilling spectacle of red-plumed birds returning to their nests at sunset. The itinerary also includes opportunities to bathe in fresh and salt water, take in the breathtaking landscapes, and sample regional cuisine such as seafood and traditional dishes featuring crab, fish, and shrimp.

Tourist hot spots: Watching the Scarlet Ibis fly at dusk in Baía do Caju (Caju Bay); and seeing the waters of the Parnaíba River meet the sea, with swimming in fresh and salt water.

When to go: All year round.

Social Media: www.mbturismophb.tur.br/ / [@mbturismophb](https://www.instagram.com/mbturismophb)



Seridó UNESCO Global Geopark

Tourist region: IGR Seridó.

Municipalities: Acari, Carnaúba dos Dantas, Cerro Corá, Currais Novos, Lagoa Nova and Parelhas.

Description: Designated a UNESCO Global Geopark in 2022, the Seridó Geopark offers visitors a unique opportunity to immerse themselves in the natural and cultural beauty of the north-eastern semi-arid region. Visitors can experience breathtaking landscapes, local culture, adventure activities and interaction with biodiversity, as well as educational experiences.

Tourist hot spots: Cave paintings at the Xique Xique and Mirador Geosites.

When to go: All year round.

Social Media: www.geoparqueserido.com.br / [@geoparqueserido](https://www.instagram.com/geoparqueserido)



Sibaúma and the Potiguara Katu Indigenous Territory



Tourist region: IGR Costa das Dunas.

Municipalities: Tibau do Sul, Canguaretama and Goianinha.

Description: A unique cultural immersion experience, beginning with the history of the Sibaúma quilombola community in Tibau do Sul. Visitors will learn about the community's struggles and traditions, and have the opportunity to observe sea turtles in their natural habitat. Next, visitors enjoy a tasting of rich quilombola cuisine, before culminating the experience with an invigorating swim where the river meets the sea – a tranquil spectacle of natural beauty. Stories are shared about the Potiguara people's struggles, culture and traditions, as well as thoughts on Indigenous identity and stereotypes.

Tourist hot spots: Coco de Zambê, a cultural tradition from Rio Grande do Norte.

When to go: All year round with prior booking.

Social Media: katuexperiencias.com / [@Katu_experiencias](https://www.instagram.com/Katu_experiencias/) /

[@visiteQuilombodesibauma](https://www.instagram.com/visiteQuilombodesibauma)



Oyster Route



Tourist region: IGR Costa das Dunas.

Municipality: Tibau do Sul.

Description: A genuine community-based tourism experience connecting nature, culture and gastronomy in a unique and sustainable way along the Rota das Ostras. The tour begins at the port, where visitors board wooden canoes rowed by local producers, sailing through the calm waters of the Lagoa de Guarairas (Guarairas Lagoon) towards the oyster farms. During the trip, the guides share their knowledge of local environment, oyster farming and community life. The journey culminates at a picturesque spot in the mangroves, where visitors are greeted with a stunning view and a selection of freshly harvested oysters, prepared and served by the local families who cultivate them. This is more than just a tour: it is an educational, sensory and transformative experience that promotes social, economic and environmental development in line with the Sustainable Development Goals (SDGs), while valuing community leadership and local culture.

When to go: All year round.

Social media: [@ostrasdapipa](#)



Xingó Complex



Tourist region: Velho Chico Hub.

Municipalities: Canindé de São Francisco and Poço Redondo.

Description: This destination is home to the São Francisco River Canyons, which enchant visitors with their impressive landscapes. The region also offers trails featuring waterfalls that showcase the natural beauty of the sertão (backwoods), as well as historical experiences such as the Cangaço Route. The Archaeological Museum houses relics that tell the story of thousands of years of history. To top it all off, the cuisine, which features cacti, fish, goats and sheep, provides a genuine taste of the sertão.

Tourist hot spots: tour of the São Francisco River Canyons by catamaran or motorboat; and the Cangaço Route.

When to go: From August to April.

Social media: [@turismo.se](#)



Manatee Route



Tourist region: Costa dos Coqueirais Hub.

Municipalities: Aracaju and Itaporanga d'Ajuda.

Description: The Manatee Route is a sustainable tourism initiative carried out by the Fundação Mamíferos Aquáticos (Aquatic Mammals Foundation), in partnership with the Boticário Group Foundation for Nature Protection and the Ministry of the Environment and Climate Change. It aims at promoting the conservation of manatees and their habitats, as well as the sustainable economic development of local communities.

Tourist hot spots: Trail in the Mangrove Forest; Gastronomic experience; and Mem de Sá Island.

When to go: From August to March.

Social media: [@rotadopeixeboimarinho](#)



Quilombo Trails - Experience in the Mussuca Village



Tourist region: Sertão and São Francisco Paths.

Municipality: Laranjeiras.

Description: The Caminhos do Quilombo experience takes place in Mussuca, the largest quilombo community in Sergipe. Local leaders welcome visitors and offer insights into the history of Black resistance, religious practices such as popular Catholicism and Candomblé, Afro-Sergipean cuisine, and traditional celebrations like the Reisado da Mussuca. The experience includes a guided cultural walk through the village, visits to healers' and cultural masters' homes, a musical performance by 'samba de coco' groups, and an Afro-descendant cooking workshop featuring mungunzá, hauçá rice, bean cakes, and other delicacies. The community is personally responsible for running the experience, which ensures their leadership and generating income.

Tourist hot spots: Performance by the Reisado da Mussuca folk group; Afro-Sergipean cuisine workshop led by female chefs; Interpretive walk about Black resistance and Afro-Brazilian culture; Visit to the Black Memorial and the Igreja de Nossa Senhora do Rosário dos Pretos (Church of Our Lady of the Rosary of Black People), and an opportunity to experience the local samba de coco group.

When to go: Between April and September, when there is less rainfall. In December and January, visitors can participate in traditional festivities, such as the Reisado da Mussuca.

Social media: [@associacaoquilombola_](#)



EXPERIENCES OF BRASIL

MIDWEST



Black BRASILia Tour



Tourist region: Brasília.

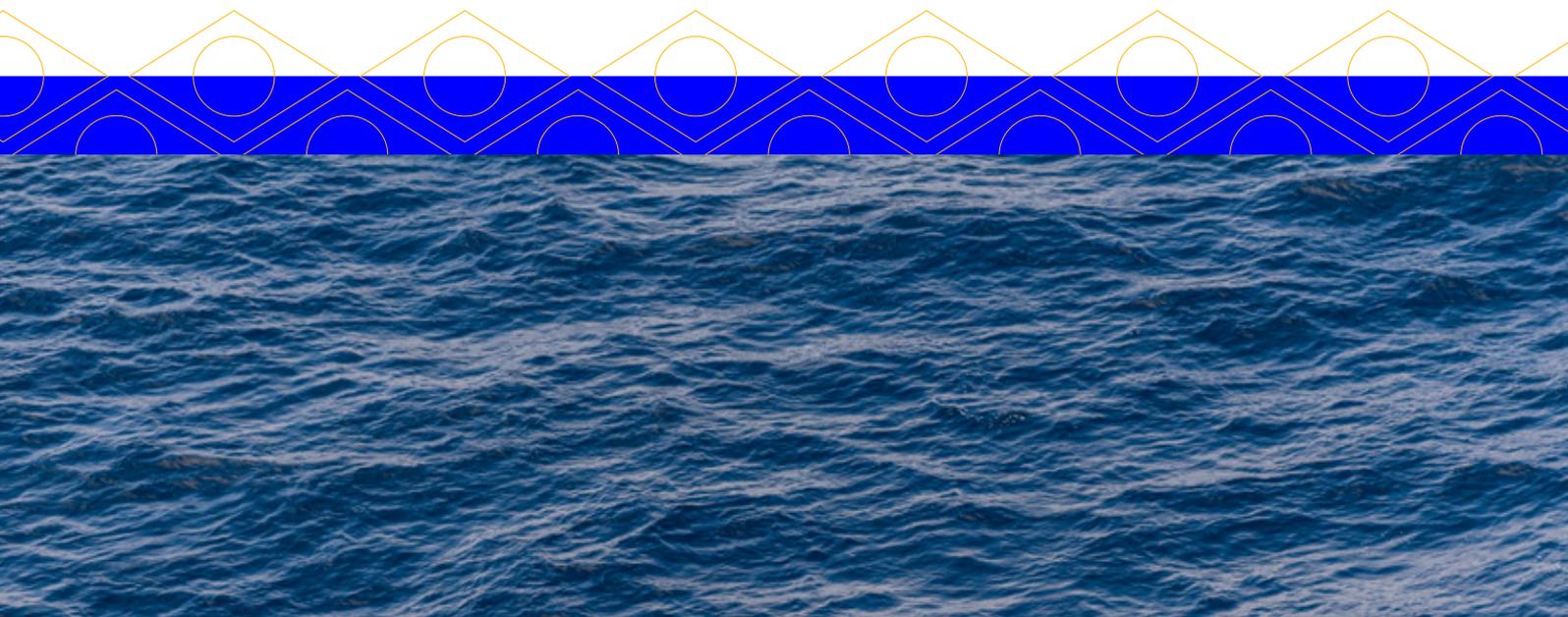
Municipality: Brasília.

Description: The Tour Brasília Negra introduces you to characters, places, and stories featuring Black protagonists, offering a fresh perspective on the federal capital.

Tourist hot spots: Quilombo Mesquita; Candanga Memory Living Museum; Galeria dos Estados (Gallery of the States); Praça dos Orixás (Orisha Square); Praça Zumbi dos Palmares (Zumbi dos Palmares Square); and the Baobab.

When to go: From May to September.

Social Media: melevacerrado.com.br / [@melevacerrado](https://www.instagram.com/melevacerrado)



Cheese Route

Tourist region: Brasilia.

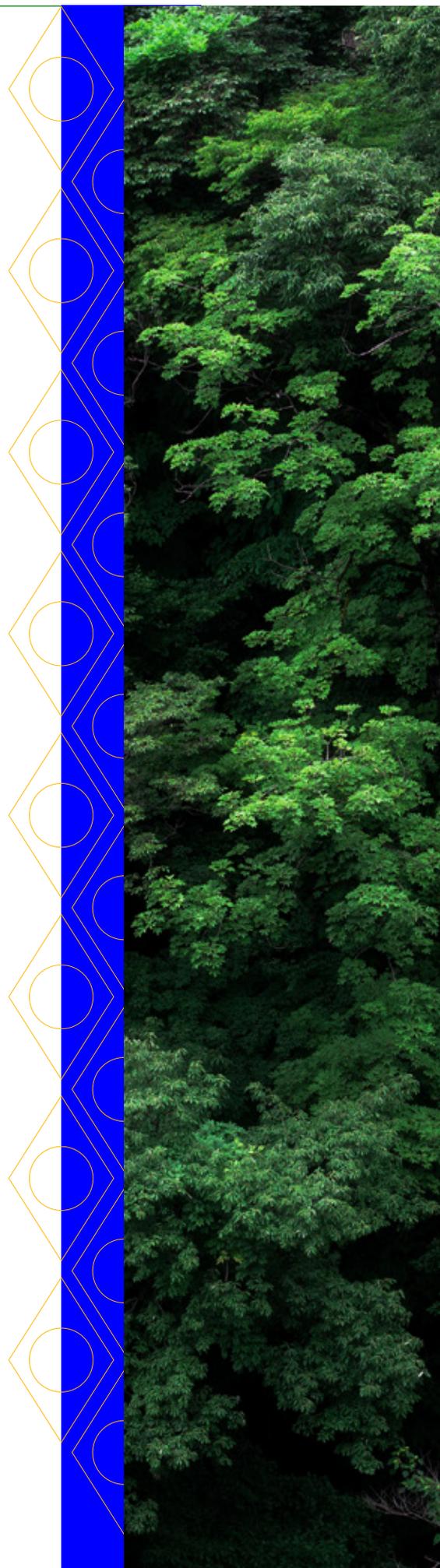
Municipality: Brasilia.

Description: The Rota do Queijo offers experiences that combine gastronomy, rural tourism, and sustainability.

Tourist hot spots: Cabrissima, Queijaria Rancharia (cheese shop), Recanto Carvalho, Vila das Cabras, Hotel Fazenda Sitio Titara (farm hotel) , Fazenda Malunga (farm) and Rancho Aguilhada (ranch).

When to go: All year round.

Social Media: [Cheese Route](#)



Lago Oeste region Route



Tourist region: Brasilia.

Municipality: Brasilia.

Description: Lago Oeste, a benchmark in agroforestry, is located near the Brasília National Park in Chapada da Contagem, an Environmental Protection Area that preserves a sizable portion of the Cerrado ecosystem and its fauna. The route features cultural and rural gastronomic offerings, trails, waterfalls, and leisure, sports, and art activities.

Tourist hot spots: Brasis Ateliê Gastronômico (gastronomic workshop); Fazenda Roncador (farm); Recanto de Maria Flor e Balancéu; Hotel Fazenda Sítio Titara (farm hotel); e Trilha do Calango (trail).

When to go: From May to September.

Social Media: [Lago Oeste region Route](#) / [@seturdf](#)



Cora Coralina Trail



Tourist region: Gold.

Municipalities: Corumbá de Goiás, Pirenópolis, Cocalzinho de Goiás, São Francisco de Goiás, Jaraguá, Itaberaí, Cidade de Goiás and Itaguari.

Description: The Cora Coralina Trail is based on the original layout of the old Royal Road. This long trail features poems by the writer Cora Coralina and various signs that encourage self-reflection and a greater connection with self and nature. The trail connects the Pireneus State Park, the Serra de Jaraguá State Park, and the Serra Dourada Environmental Preservation Area in Goiás. Visitors can experience the rich culture of Goiás' municipalities and villages, as well as its famous cuisine.



Tourist hot spots: Corumbá de Goiás; Salto de Corumbá; Parque Estadual dos Pireneus (Pireneus State Park); Pirenópolis; Serra de Jaraguá; Ruínas de Ouro Fino; and Cidade de Goiás.

When to go: From May to September.

Social Media: caminhodecoracoralina.com.br

[@caminhodecoratrilhaoficial](https://www.instagram.com/caminhodecoratrilhaoficial)



Kalunga Historical Site and Cultural Heritage Site



Tourist region: Chapada dos Veadeiros.

Municipalities: Monte Alegre de Goiás, Teresina de Goiás and Cavalcante.

Description: A true immersion in the Afro-Brazilian culture in the Kalunga territory. Visitors are amazed by the lush trails and waterfalls, such as the Santa Bárbara waterfall, as well as the 100% natural cuisine harvested directly from the ranches. Tourism has transformed lives and strengthened communities. Visitors can talk with community leaders and participate in exciting traditional festivals such as the Vão de Almas Pilgrimage in August and the Vão do Moleque Pilgrimage in September. They can also visit stump fields, an ancestral Afro-Indigenous practice full of wisdom.

Tourist hot spots: Vão de Almas festivities; Vão do Moleque

When to go: All year round.

Social media: [@quilombokalunga.aqk](https://www.instagram.com/quilombokalunga.aqk)



Moinho Village Quilombola Community



Tourist region: Chapada dos Veadeiros.

Municipality: Alto Paraíso de Goiás.

Description: Located in the heart of Chapada dos Veadeiros, the village of Moinho captivates visitors with its warm hospitality, stunning landscapes, and rich culture. Founded around an old mill in the 18th century, the community preserves traditional knowledge, such as the use of medicinal plants and sustainable agricultural practices. With a population of around 500 inhabitants, the village welcomes visitors with its finest cuisine, handicrafts, and living history. Located on the banks of the São Bartolomeu River and surrounded by waterfalls and hills, Moinho is the ideal destination for those seeking an authentic experience.

Tourist hot spots: The rapadura (raw brown sugar) workshop; Horseback riding; Conversation circle; and the traditional sweet "Tijolo da Dirinha."

When to go: All year round.

Social Media: [@quilombolasdopovoadoomoinho](https://www.instagram.com/quilombolasdopovoadoomoinho)

[Moinho Village Quilombola Community](#)



Um Pé + que Pequi



Tourist region: Terra Ronca.

Municipality: Mambaí.

Description: At Sitio Boca do Mato (Boca do Mato Ranch) in Mambaí, northeastern Goiás, visitors can experience the Cerrado through ecotourism. The experience includes visiting the local agroindustry that processes fruits typical of the biome; hiking a 1.5-kilometer trail to identify the Cerrado vegetation types; and tasting artisanal products such as pequi (souari nut) paste and sauce, baru nut paste, cagaita jam, and other regional delicacies. The production process is sustainable, using solar energy, providing visitors with direct contact with nature, local flavors, and culture while strengthening the sociobiodiversity and production chains of the Cerrado.

Tourist hot spots: Encounter with a century-old Jatobá (Brazilian cherry) tree.

When to go: From April to October.

Social Media: www.sitiobocadomato.com.br / [@sitiobocadomato](https://www.instagram.com/sitiobocadomato)



Guadakan Crossing



Tourist region: Pantanal.

Municipality: Corumbá.

Description: The Travessia Guadakan is a long-distance trail covering both land and water. It is part of the Amolar Experience Program. This initiative has three main pillars: environmental conservation, improving quality of life, and generating employment and income for local communities. The crossing, with approximately 60-kilometer trek and 20-kilometer river journey, offers visitors the opportunity to experience the Serra do Amolar (Amolar Hill) from different angles and observe the diverse fauna and flora of the region. The crossing also highlights the history of a region once inhabited by the Guatós Indigenous people, which was also the setting for battles during the Paraguayan War. The experience also aims at promoting the region's traditional communities, introducing visitors to their customs, crafts, and cuisine.

Tourist hot spots: Visits to local communities and native vegetation restoration projects, as well as a sunset viewing on the Serra do Amolar.

When to go: From April to November.

Social Media: amolarexperience.com.br / [@amolarexperience](https://www.instagram.com/amolarexperience)



Black Corumbá Circuit



Tourist region: Pantanal.

Municipality: Corumbá.

Description: This tour offers an encounter with the Afro-Brazilian history and culture of the city. Due to the nature of the limestone soil, the city is white, while the strength, religiosity, quilombos, and voices that participated in the colonization of this destination, the Pantanal of Corumbá, since the 18th century are black. On this tour, visitors learn about the contributions of Black people to the region's development. They listen to Lobivar Matos and enjoy the cool breeze on the Paraguay River with the remaining Quilombo community, Família Ozório. Visitors also receive blessings from Dona Cotó, making this tour a valuable life lesson.

Tourist hot spots: Okê Aro Route; Tenda Nossa Senhora da Conceição (Our Lady of the Conception Tent); Família Ozório remaining community; Maria Theodora remaining community ; Porto Geral de Corumbá; Vale dos Orixás; Parque Pantanal road

When to go: All year round.

Social Media: www.belaoya.com.br / @belaoyapantanal

Bela Oyá Pantanal / @belaoyapantanal



Bonito. Carbon Neutral Ecotourism Destination



Tourist region: Bonito/Serra da Bodoquena.

Municipality: Bonito.

Description: An immersion in stunning natural settings with crystal-clear rivers, impressive caves, and waterfalls surrounded by nature trails where visitors can enjoy unique activities. The region is also known for its cuisine, featuring dishes made with freshwater fish and ingredients native to the Cerrado and Pantanal regions. Bonito is a global pioneer in ecotourism and was certified by the UN in 2022 as the world's first carbon-neutral destination. Visitors enjoy untouched nature and participate in a tourism model aligned with the global climate agenda. Each experience contributes to environmental conservation. By combining adventure, preservation, and community engagement, Bonito offers more than just a destination; it offers a living lesson in how tourism can be a transformative force in protecting the planet.



Tourist hot spots: Gruta do Lago Azul (Azul Lake Cave); Gruta do Mimoso (Mimoso Cave); Gruta São Miguel (São Miguel Cave); Abismo Anhumas (Anhumas Abyss); Cachoeira Ceita Corê (Ceita Corê Waterfall); Cachoeira Estância Mimosa (Estância Mimosa Waterfall); Sucuri River; Natural Aquarium; Azul Spring; Municipal Bathing Resort; and Balneário Estrela do Formoso (Estrela do Formoso Bathing Resort).

When to go: All year round.

Social Media: www.turismo.bonito.ms.gov.br

Youtube: [@turismobonitoms](https://www.youtube.com/@turismobonitoms)

Youtube: [@bonitotourism](https://www.youtube.com/@bonitotourism)

Facebook: [Turismo Bonito MS](https://www.facebook.com/TurismoBonitoMS)

Instagram: [@turismobonitoms](https://www.instagram.com/@turismobonitoms)

X: [@turismobonitoms](https://twitter.com/@turismobonitoms)

Tik Tok: [@turismobonitoms](https://www.tiktok.com/@turismobonitoms)





EXPERIENCES OF BRASIL

SOUTHEAST

Paulo César Vinha State Park (Setiba)



Tourist region: Metropolitan.

Municipality: Guarapari.

Description: Paulo César Vinha State Park, formerly known as Setiba Park, was established to preserve the local sandbank area. It is now open to the public, with visits scheduled in advance through the IEMA institute. Visitors can enjoy environmental education activities, trails, swimming in the countless local lagoons, beach walks and observation of the area's natural features. Sandbank prevails in the landscape, and the park's fauna is extremely diverse, including endemic species.

When to go: All year round.

Social Media: ultimosrefugios.org.br



Coffee Route

Tourist region: Espírito Santo mountains and Caparaó Capixaba.

Municipalities: Domingos Martins, Venda Nova do Imigrante, Dores do Rio Preto and Iúna.

Description: Visitors to the mountains of Espírito Santo can connect with the region's specialty coffee culture through visits to award-winning farms, harvesting experiences, artisanal roasting and guided tastings. Set amid mountain landscapes and high-altitude coffee plantations, visitors can learn about preserved rural traditions and sample local cuisine. The Coffee Route and farm-based activities bring visitors closer to producers and their history, while sensory elements such as coffee beans, aromas and traditional artifacts depict the process 'from bean to cup'.

Tourist hot spots: Immersive experience "from bean to cup" in award-winning specialty coffee farms.

When to go: All year round.

Social Media: [@cafesdoes](#)



Whale Watching

Tourist region: Metropolitan.

Municipality: Vitória.

Description: A magical whale-watching experience in their natural habitat, with guided tours led by experts who ensure you have an unforgettable encounter with these majestic marine creatures. In addition to the breathtaking wildlife, the experience offers the chance to explore lush coastal landscapes and learn about marine conservation and local culture, making the tour unique and memorable.

Tourist hot spots: Humpback whale watching in the wild; Coastal landscapes and marine biodiversity; Guided tours with experts; Knowledge about marine conservation; Culture; and local cuisine.

When to go: From June to November.

Redes sociais: [@amigosdajubarte](#) / [@institutoocanal](#)



Tekoá Mirim Thematic Village



Tourist region: Green and Waters

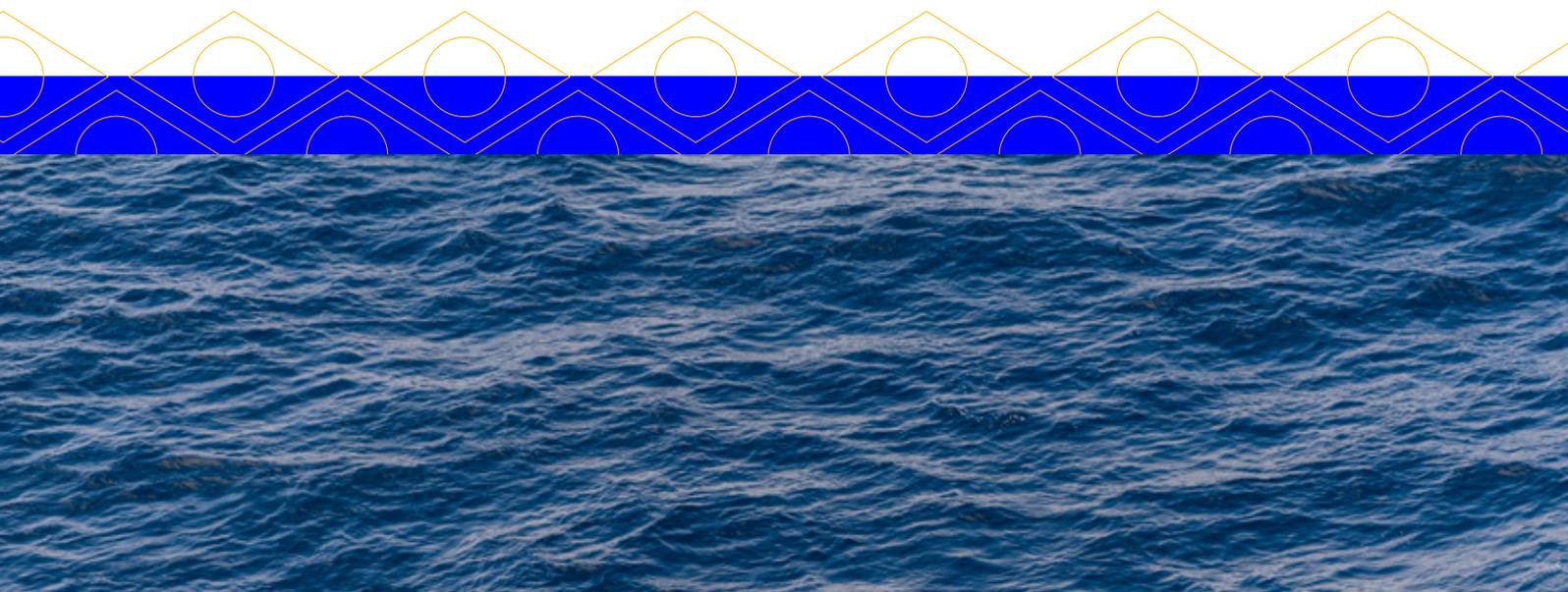
Municipality: Aracruz

Description: The Guarani Piraqueaçu village was chosen as the setting for a film, but an authentic Indigenous village had to be recreated. In 2010, the Indigenous people therefore built a 'Tekoá', a term in the Guarani language meaning 'a place in the middle of the forest' with hunt, water, and fish where they can live in an authentic way. This resulted in the establishment of the 'Tekoá Mirim' Thematic Village on the banks of the Piraque-Açu River. The village features circular thatched huts arranged around a central courtyard that served as a filming location. It was further maintained to accommodate tourists, promoting ethnic tourism – a form of tourism where visitors can experience firsthand the culture of ethnic groups, such as Indigenous communities. Tourism in the village is managed by Chief Karai and his family. Everyone helps with maintaining the site, preserving it, accompanying visitors, performing dances, preparing food and making handicrafts. The mother also helps with welcoming guests. Their goal is to showcase the way of life, traditions, customs and mindset of the Guarani people.

Tourist hot spots: Kayaking on the Piraque-Açu River; and conversation circle with the Chief.

When to go: All year round.

Social Media: [@aldeiatematikaturismo](https://www.instagram.com/aldeiatematikaturismo)



Experiences Menuuh

Tourist region: Belo Horizonte.

Municipality: Belo Horizonte.

Description: The Menuuh catalog offers innovative experiences for visitors who want to experience and taste Belo Horizonte. It features 19 unique experiences related to gastronomy, agroecology, brewing, art, and design, among others. These experiences were developed and improved to diversify and expand tourism offerings. The selected experiences relate to Belo Horizonte traditions, including bar culture, internationally recognized heritage sites, and the city's cuisine.

When to go: All year round.

Social Media: [@bhbelotur](#)



Coffee of Origin from the Caparaó Mineiro Region



Tourist region: Pico da Bandeira and grottos.

Municipalities: Caparaó, Alto Caparaó, Jequitibá and Espera Feliz.

Description: Caparaó Mineiro is a destination that combines nature, culture, and tradition. Here, coffee is a symbol of connection, flavor, and history. Visitors to the Caparaó National Park can explore preserved areas of Atlantic Forest, observe diverse flora and fauna, and enjoy crystal-clear rivers and waterfalls. Highlights include Pico da Bandeira, Brasil's third highest peak, and the Cristal and Calçado peaks. The region charms visitors with its stunning landscapes, mild climate, tasty cuisine, and vibrant local culture. Coffee growing is the area's main activity, practiced entirely by hand by local families for over 200 years. This shapes the territory's identity and reflects a know-how passed down through generations. Currently, Caparaó is a global benchmark for specialty coffees, having won several national awards and recognition for its unique terroir, which is protected by the Origin Denomination Seal.

Tourist hot spots: Coffee plantations; Century-old farms; Breweries; Coffee shops; Caparaó National Park; Pico da Bandeira (third highest peak in Brasil); Cristal and Calçado peaks; and hiking trails and adventure tourism.

When to go: All year round.

Social Media: minasgerais.com.br

[@visiteminasgerais](https://www.instagram.com/visiteminasgerais)

Transmantiqueira Trail



State: Minas Gerais, São Paulo, and Rio de Janeiro.

Tourist region: SP – Capital, Between Mountains and Waters, Fruit Circuit, Historic Valley, Tietê River Springs, Green Mountains of Southern Minas Gerais, Mantiqueira Hill in São Paulo, Mountains and Waterfalls, and the Tourist Region of Faith. MG – Mountains of Ibitipoca, Paths of Mantiqueira, Trails of Doce River, Waters, Highlands of Mantiqueira, Magical Mountains of Mantiqueira, and the Enchanting Region of Minas. RJ –Agulhas Negras region.

Municipalities: SP – São Paulo, Mairiporã, Guarulhos, Nazaré Paulista, Bom Jesus dos Perdões, Piracaia, Atibaia, Bragança Paulista, Vargem, Joanópolis, São José dos Campos, São Bento do Sapucaí, Campos do Jordão, Pindamonhangaba, Guaratinguetá, Piquete, Cruzeiro, Lavrinhas and Queluz; MG – Extrema, Camanducaia, Gonçalves, Sapucaí-Mirim, Marmelópolis, Delfim Moreira, Passa Quatro, Itanhadu, Itamonte, Bocaina de Minas, Alagoa, Baependi, Aiuruoca, Carvalhos, Liberdade, Bom Jardim de Minas, Santa Rita de Jacutinga, Rio Preto, Olaria, Lima Duarte, Santa Rita de Ibitipoca, Serranos, Minduri, Carrancas, Itutinga and Itumirim; RJ – Resende and Itatiaia.

Description: A long-distance national trail passing through the Atlantic Forest biome and crossing three Brazilian states and more than 40 municipalities and 36 Conservation Units along its route of around 1,200 km. Hikers and nature lovers can enjoy a variety of routes passing through breathtaking landscapes amid Brasil's highest peaks, such as Pedra da Mina. Visitors can experience local biodiversity along the way, making the journey a true immersion in the environment. Places of interest include Itatiaia National Park, Pedra do Baú and the State Parks of Ibitipoca and Campos do Jordão.

Tourist hot spots: Pedra da Mina.

When to go: From June to September.

Social Media: trilhastransmantiqueira.org.br

[@trilhastransmantiqueira](https://www.instagram.com/trilhastransmantiqueira)

Espinhaço Mountain Range



Tourist region: Grottos, Diamonds, Serra do Cipó (Cipó Hill), Lago de Itapé (Itapé Lake), Gold and Paths and Belo Horizonte capital.

Municipalities: Lagoa Santa, Diamantina, Serro, Santana do Riacho, São Gonçalo do Rio Preto, Conceição do Mato Dentro, Jaboticatubas, Grão Mogol, Botumirim, Cristália, Montes Claros, Congonhas, Ouro Preto, Mariana, Ouro Branco, Catas Altas, Santa Bárbara, Sabará, Nova Lima, Itabirito, Brumadinho, Igarapé and Belo Horizonte (172 in total e 21 IGRs).

Description: The Cordilheira do Espinhaço is unique in Brasil, stretching approximately 1,200 km from the Quadrilátero Ferrífero (Iron Quadrangle) in Minas Gerais to northern Bahia. Crossing the Cerrado and Atlantic Forest biomes, as well as marking the transition to the semi-arid Caatinga biome, the mountain range has earned UNESCO recognition as a Biosphere Reserve. The mountain range is also rich in history and culture. Many of the cities along its route were the stage for the Gold Rush and feature colonial architecture.

Tourist hot spots: Historic centers of Ouro Preto, Mariana, Congonhas, Sabará and Diamantina; Pampulha Architectural Complex; Cheese Routes (Serro, Diamantina and Entre Serras); Estrada Real (Royal Road); Parks and natural areas such as the Serra do Cipó National Park, the Biribiri State Park, the Rio Preto State Park and the Circuito das Grutas, among others.

When to go: All year round.

Social Media: minasgerais.com.br



Transcarioca Trail



Tourist region: Rio de Janeiro.

Municipality: Rio de Janeiro.

Description: There is a long regional route in Rio de Janeiro with 183 km of trails crossing nine conservation units through ecological corridors passing natural, historical, and cultural heritage sites, offering unique views of the city. Visitors can walk through pristine Atlantic Forest, wild beaches, mountains, rural areas and peaks, and visit iconic landmarks such as Sugarloaf Mountain and Christ the Redeemer entirely on foot.

Tourist hot spots: five wild beaches in the city; Pedra do Osso; Pedra do Ponto; Cigano Dam; Catonho Aqueduct; Ciganos Dam; Pedra Branca Peak; Tijuca Peak; Vista Chinesa; Christ the Redeemer; Lage Park; and Sugarloaf Mountain.

When to go: All year round.

Social Media: trilhaatranscarioca.com.br

[@trilhaatranscarioca](https://www.instagram.com/trilhaatranscarioca)

[Trilha Transcarioca](#)

[Aplicativo Trilha Transcarioca](#)



Rio of Rural Experiences



Tourist region: Vale do Café (Coffee Valley), Serra Verde Imperial (Imperial Green Mountain), Costa Doce (Sweet Coast), Águas do Noroeste (Northwest Waters), Caminhos da Mata (Forest Paths) and Caminhos Coloniais (Colonial Paths).

Municipalities: Barra do Pirai, Paty do Alferes, Valença, Vassouras, Nova Friburgo, Petrópolis, Teresópolis, Campos dos Goytacazes, Itaocara, Varre-Sai, Rio Bonito, Tanguá, Areal and Três Rios.

Description: An authentic experience in the heart of the countryside, offering cultural, gastronomic, and rural immersion. Visitors can stay in comfortable, farmhouse-style accommodations where countryside charm meets modern comfort. They can participate in rural activities such as milking cows, producing cheese and other dairy products, and making cachaça (sugar cane brandy) and wine. They can also explore vegetable gardens and orchards through planting and harvesting experiences and learn about production processes on educational guided tours. Visitors can also experience the local culture through quilombola traditions, typical dances, and regional cuisine that delights with its flavor and history.

Tourist hot spots: Visits to historic farms and quilombola communities; Rural products such as cheese and cachaça; Vineyards; Specialty coffees.

When to go: All year round.

Social Media: turismo.rj.gov.br / [@turisrio.official](https://www.instagram.com/turisrio.official)

Immersive Experience at Pequena África



Tourist region: Rio de Janeiro.

Municipality: Rio de Janeiro.

Description: This tour explores the history and resistance of Black people in Rio de Janeiro. Starting at the Rio Art Museum, it continues through historical landmarks such as Morro da Conceição, Largo de São Francisco da Prainha and Pedra do Sal – places that played a vital role in Afro-Brazilian culture. Visitors will also explore Cais do Valongo (Valongo Pier) and Jardim Suspenso do Valongo (Valongo Hanging Garden) – sites linked to the slave trade and recognized by UNESCO. The tour ends with lunch at Casa Omolokum (Omolokum House), an African-inspired restaurant where visitors can enjoy a fusion of flavors, music, history, and colonial architecture. This reflective experience blends identity, gastronomy, and cultural heritage in just a few hours.

Tourist hot spots: Rio Art Museum and Praça Mauá; Morro da Conceição; Largo de São Francisco da Prainha; Pedra do Sal; Jardim Suspenso do Valongo; and Cais do Valongo.

When to go: All year round.

Social Media: soumaiscarioca.com.br / [@soumaiscarioca](https://www.instagram.com/soumaiscarioca)



Afro-tourism in São Paulo

Tourist region: Capital, Wellness, Atlantic Forest Coast, History and Adventures, North Coast, Atlantic Forest Caves, and Valley Rivers

Municipalities: São Paulo, Campinas, Santos, Salto de Pirapora, Ubatuba, Eldorado, and Taubaté

Description: Ten Afro-tourism itineraries and attractions covering several regions of the state, offering visitors an immersive experience of the Afro-Brazilian history, culture, and traditions.

Tourist hot spots: Traditional dances and quilombola agriculture.

When to go: All year round.

Social Media: turismo.sp.gov.br



Experiences on the North Coast



Tourist region: North coast of São Paulo.

Municipalities: Bertioga, Caraguatatuba, Ilhabela, São Sebastião and Ubatuba.

Description: The experiences on offer along the north coast are not to be missed by visitors seeking contact with nature, adventure, and local culture. In the preserved Atlantic Forest Reserve, you can explore nature, practice ecotourism and experience the culture and cuisine of the Caiçara people, whose diet is mainly made of seafood and whose way of life is simple and sustainable. Active visitors can enjoy water sports in this natural paradise.

Tourist hot spots: whale watching.

When to go: From May to August.

Social Media: [@circuitolitoralnortesp](#)



Atlantic Forest Portal Tourist District



Tourist region: Vale do Ribeira.

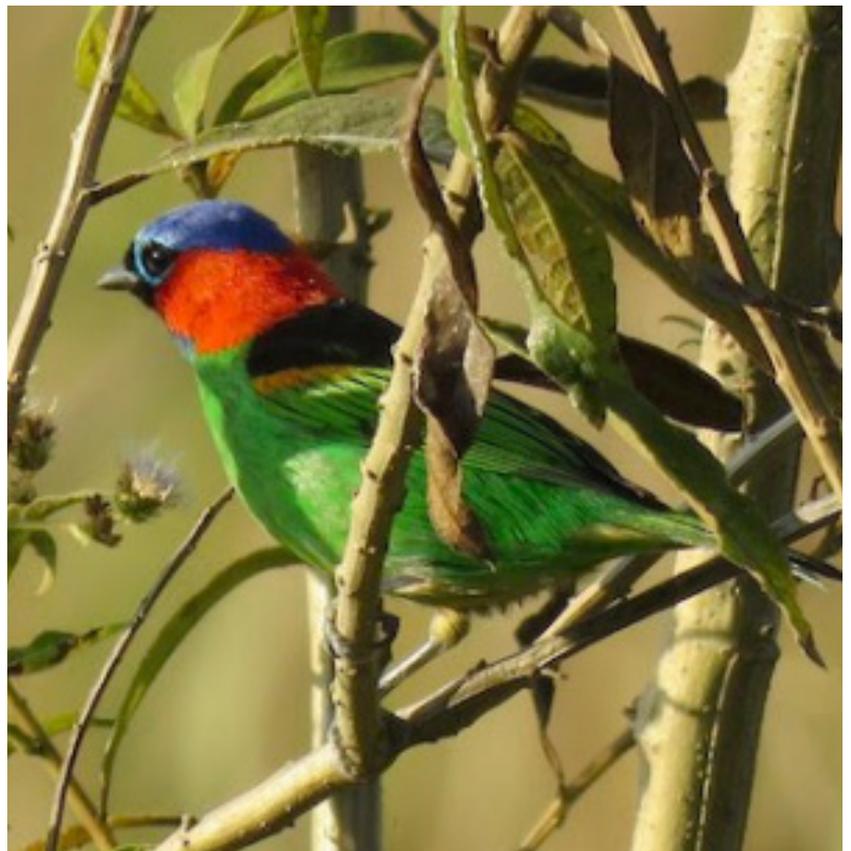
Municipalities: Miracatu, Tapiraí, Piedade, Juquiá and Ibiúna.

Description: This region is renowned for its pristine natural features and is a true center of biodiversity. Visitors seeking outdoor activities can observe the region's fauna and flora, and enjoy ecotourism experiences that promote sustainable contact with nature.

Tourist hot spots: Legado das águas (Waters legacy)

When to go: All year round.

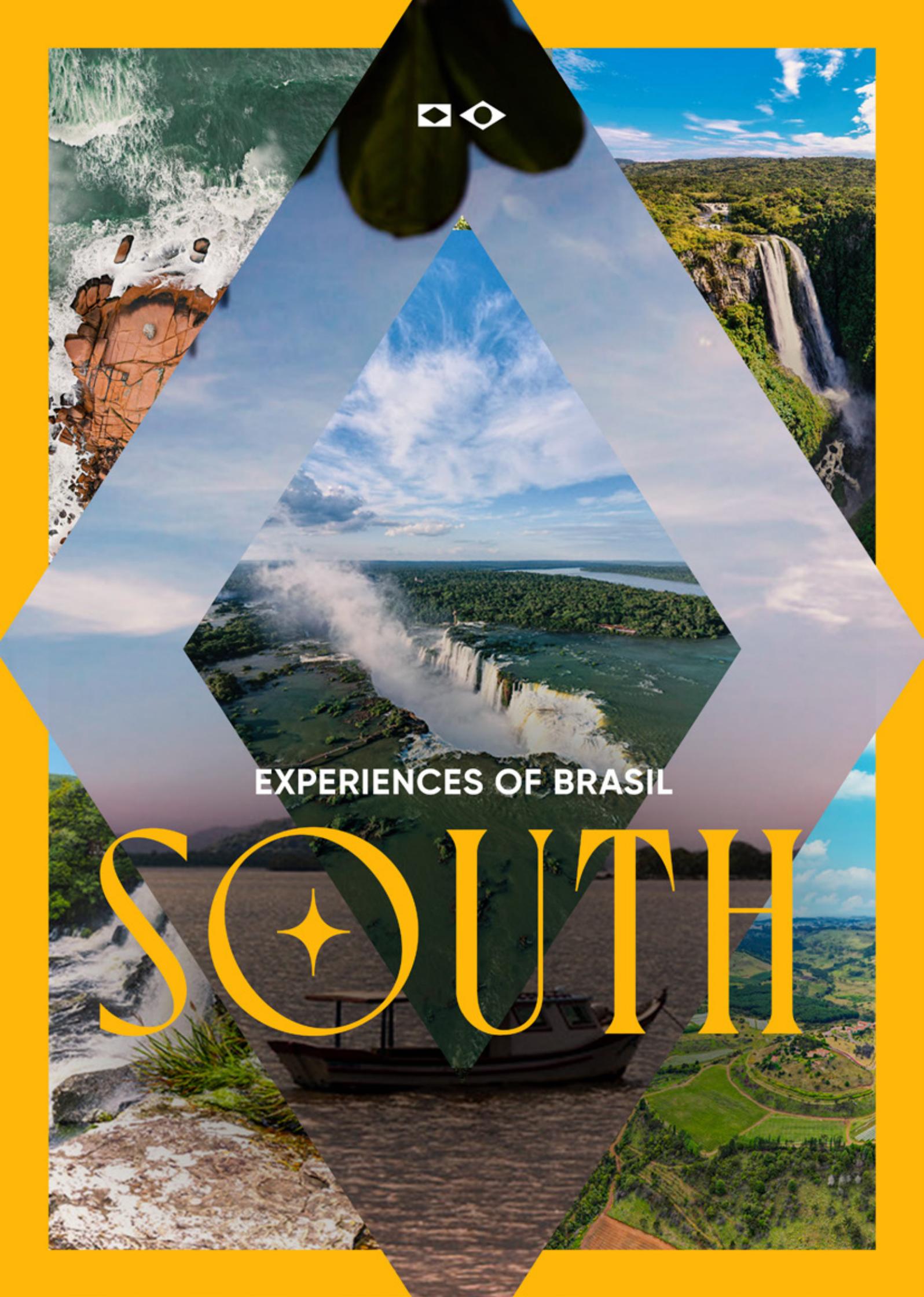
Social Media: www.legadodasaguas.com.br/





EXPERIENCES OF BRASIL

SOUTH



Experience in the Apepú Territory

Tourist region: Iguassu Falls and Paths to the Itaipu Lake.

Municipalities: Foz do Iguaçu and São Miguel do Iguaçu.

Description: The Apepu experience combines nature, culture and ancestry to create a transformative journey. The itinerary begins with a sensory immersion in the eucalyptus plantation, followed by a visit to the Historic Observation Tower, which offers panoramic views of the Iguassu National Park. The Apepu Quilombola Chapel embodies the spirituality and resilience of the community, while the Apepu Trail winds through 7km of pristine forest to the Córrego Apepu (stream), where visitors can unwind in its crystal-clear waters. The traditional quilombola lunch rounds off the experience, offering authentic flavors and the chance to support residents directly. This unique encounter brings together landscapes, biodiversity, faith, culture and gastronomy.

Tourist hot spots: Córrego Apepú.

When to go: All year round.

Social Media: [@iguassusecretfalls](#)



Iguassu Trails



Tourist region: Falls and Trails.

Municipalities: Terra Roxa, Guaira, Mercedes, Marechal Cândido Rondon, Pato Bragado, Entre Rios do Oeste, Santa Helena, Missal, Itaipurândia, Medianeira, Serranópolis do Iguaçu, Matelândia, Céu Azul, Santa Tereza do Oeste, São Miguel do Iguaçu, Santa Terezinha de Itaipu and Foz do Iguaçu.

Description: The Caminhos do Iguaçu are a series of long-distance trails in the region: Rota dos Pioneiros (Pioneers' Route), Rota da Fé (Faith Route), Caminho Coluna Prestes (Coluna Prestes Trail) and the Caminho do Peabiru (Peabiru Trail). These trails connect the 19 municipalities of the Iguassu Falls and Trail to Itaipu Lake, showcasing the area's culture, history and attractions.



Tourist hot spots: Itaipu Lake; Ilha Grande National Park; Iguassu National Park; and Iguassu Falls.

When to go: All year round.

Social Media: [adeturcataratasecaminhos](#) / [@caminhosdoiguacu](#)



Among Indigenous Peoples and Caíçaras

Tourist region: Paraná coast and Among Forests, Hills, and Rivers

Municipalities: Antonina, Morretes, Guaraqueçaba, Paranaguá, Pontal do Paraná, Matinhos, Guaratuba, Turvo, Pitanga, Manoel Ribas and Roncador.

Description: Spread across two distinct regions, both rich in culture and nature, Paraná offers experiences that awaken the senses and touch the soul. On the coast, amid the lush Atlantic Forest, the Segredos do Paraná (Secrets of Paraná) experience invites visitors to immerse in the region's distinctive cuisine. In the state's interior, the tour in Gralha Azul Territory is guided by ancestry and cultural diversity. Visitors can explore the Marrecas Archaeological Site, experience the strength of the Afro-Brazilian culture on the Caminho do Quilombo (Quilombo Trail) and immerse in Indigenous wisdom on the Caminho da Terra Sem Males (Path of the Land Without Evil).

Tourist hot spots: Aldeia Koe Jo Porã (Koe Jo Porã Village); Terra dos Morenos Community; Marrecas Archaeological Site; Graciosa Road; Itupava Path; Gigante Valley; Fandango of Ilha do Cardoso (Cardoso Island); Coastal Cycling Route; Nininho House Agroforestry; Pico Marumbi State Park; Barreado, Bala de Banana; Ilha do Mel Community; and Guaraguaçu Path.

When to go: All year round.

Social Media: airbnb.com.br/e/segredosparana/ / gralhaazul.eco.br



Serra Gaúcha



Tourist region: Grape and wine.

Municipality: Bento Gonçalves.

Description: Bento Gonçalves, Brasil's wine capital, is a national benchmark for wine tourism. It has more than 150 wineries that offer unique and pioneering experiences in Brasil, including wines and sparkling wines with a protected designation of origin. Besides wine, the municipality is renowned for its nature, sports and adventure tourism, offering marathons, cycling competitions, rallies, hot air balloon rides and the country's highest bungee jump. The strong influence of Italian culture, which will be celebrated in 2025 with the 150th anniversary of immigration to Rio Grande do Sul, is evident in tourist itineraries that emphasize gastronomy, religiosity, and community associations. Another highlight is the recently inaugurated Rota dos Capitéis (Capitals Route), which combines spirituality and nature through walking and cycling tours.

Tourist hot spots: Casa da Ovelha (House of the Sheep); Caminhos de Pedra (Stone Paths) Route; Vale dos Vinhedos (Vinery Valley) Route; Valduga Winery (Brasil's largest producer of sparkling wines); Gasper Adventure Park; Maria Fumaça Train Ride; CiauBuss, Rota dos Captéis; and Hot Air Balloon Rides.

When to go: All year round.

Social Media: [@turismo.bento](#)

[@valedosvinhedosoficial](#)

[@roteirocaminhosdepedra](#)



Southern Canyons Geo-route

Tourist region: Campos de Cima da Serra (Mountain Top Fields).

Municipalities: Cambará do Sul, Mampituba, Torres (RS); Jacinto Machado, Morro Grande and Timbé do Sul (SC)

Description: Considered 'Territories of the Future', these areas are composed of unique, unified geographical sites and landscapes of great geological importance. These are managed by municipalities focusing on heritage conservation combined with the region's socioeconomic development. The area offers experiences with exuberant nature and unique landscapes, as well as a variety of rural, geo-tourism, and adventure tourism offerings. The Southern Canyon Trails were designated a UNESCO Global Geopark in 2022.

Tourist hot spots: The largest canyons in Latin America and two national parks: Aparados de Serra and Serra Geral, Itaimbezinho, Fortaleza, and Maracanã canyons, and Rio do Boi Trail.

When to go: All year round.

Social Media: canionsdosul.org



Pé da Cascata Tour



Tourist region: Hortências.

Municipality: Canela.

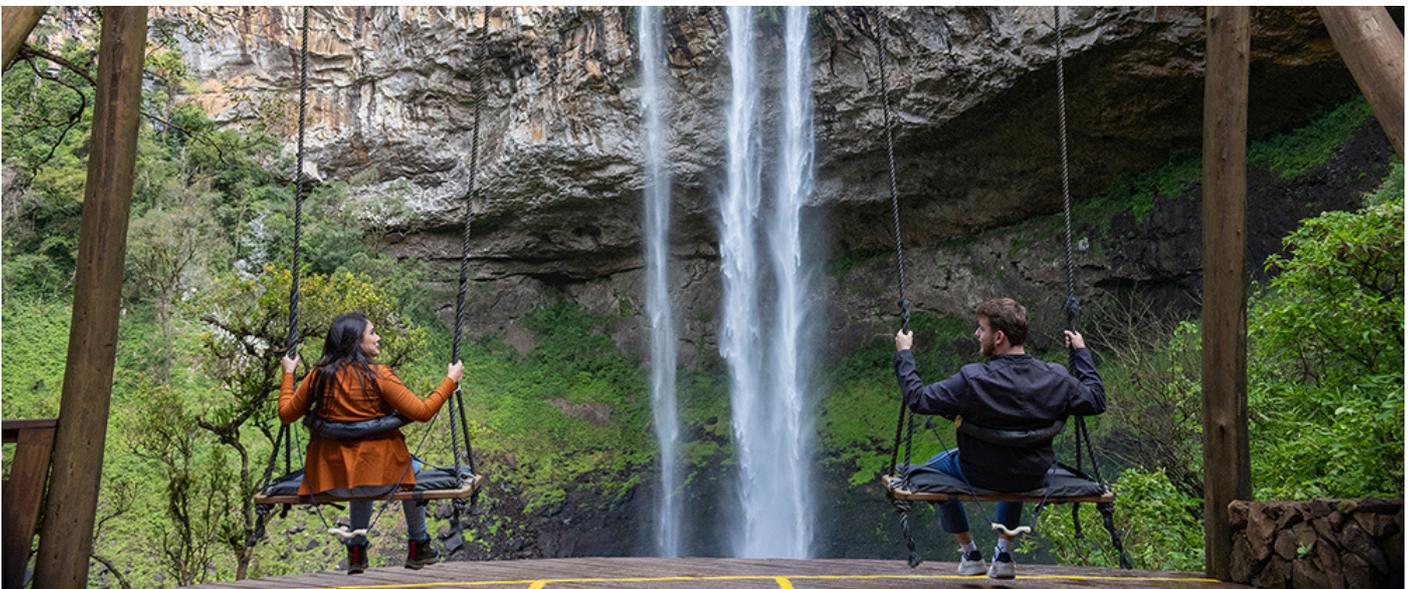
Description: The 3.5-hour Pé da Cascata Day Trip Tour in the Serra Gaúcha departs from Canela. It combines a light hike to the base of the Caracol Waterfall, an 'infinite swing' viewpoint, lush landscapes, and local history. The tour begins early with transportation in a themed vehicle through green valleys and preserved forests. This allows for a unique view of the 131-meter-high waterfall from a less explored site. Surrounded by century-old trees and the sounds of the forest, visitors learn about the local flora, fauna, and culture from the guide. The trek transports them to another era. After the tour, visitors return to the charming Casa da Vó Ivonne (Ivonne Grandma House) for heartwarming colonial coffee and homemade delicacies in a welcoming atmosphere. This tour is ideal for those seeking a unique way to connect with the mountains, nature, culture, and comfort.

Tourist hot spots: Cascata do Caracol (Caracol Falls); Infinity Swing; and Colonial Café at Casa da Vovó Ivonne, with local delicacies.

When to go: All year round.

Social Media: brockerturismo.com.br

[@brockerturismo](https://www.instagram.com/brockerturismo)



Great West Cycle Tourism Circuit



Tourist region: Great West.

Municipalities: 26 municipalities in western Santa Catarina.

Description: This incredible experience is a circuit of more than 2,000 kilometers for cycle tourists, entirely covered by rural side roads. The route features scenic landscapes and over 70 natural, cultural, and gastronomic attractions. It also includes five conservation units: Araucárias National Park and State Park, Chapecó National Forest, Mata Preta Ecological Station, and Fritz Plaumann State Park.

Tourist hot spots: Rota da Ovelha e Sabores (Sheep Route and Flavors) in Lajeado Grande; Volta do Dedo Lookout (Coronel Freitas); Abelardo Luz Waterfalls (including Filo de Lindóia do Sul); German Route in Arabutã; Xaçepó Indigenous Land in Ipuacu (Guarani Indigenous community); Vargeão Interactive Museum and the Meteoro Valley; Divisor Hill and Interstate Zip Line on the Uruguay River; S. Manella Waterfall (Xanxerê); and Amethyst Mines (Entre Rios).

When to go: All year round.

Social Media: [@turismograndeoste](#)



Whale Watching in the Right Whale Route



Tourist region: Great Florianópolis and Charms of the South.

Municipalities: Florianópolis, Garopaba, Laguna and Imbituba.

Description: The southern coast of Santa Catarina is home to one of Brasil's most beautiful natural spectacles: the arrival of majestic right whales. Every year, they travel thousands of kilometers from the icy waters of Antarctica to the calm coves between Laguna, Imbituba, and Garopaba. There, they give birth and nurse their calves. This region is known as the Right Whale Route. To avoid environmental impact, the encounter is exclusively land-based. Viewpoints in Laguna, Imbituba, and Garopaba allow visitors to observe the mothers and calves in their natural habitat, including blows at sea, jumps, and interactions. The tour includes easy trails along beaches and rocky shores, opportunities to enjoy local seafood cuisine, and visits to the Whale Museum, the Australis Institute, and archaeological sites to learn more about the history of the shell mounds.

Tourist hot spots: Encounter with the giants of the Atlantic (right whales); Australis Institute; Whale Museum; and archaeological sites with ancient shell mounds.

When to go: From July to October.

Social Media: aosulnatural.com.br / [@aosulnatural](https://www.instagram.com/aosulnatural)



PARÁ:

City of Belém

Embratur File
Embratur File
Embratur File

Islands Route - João Pilatos Trail

Adrielson Furtado
Adrielson Furtado
Adrielson Furtado

Trails and Wellness

Paulo Carvalho
Paulo Carvalho
Paulo Carvalho

Icoaraci Pottery

Easy Travel Shop
Easy Travel Shop
Easy Travel Shop
Easy Travel Shop

Caruê Routes

Ministry of Racial Equality

Atlantic Amazônia Trail

Julio Meyer
Julio Meyer
Amanda Javeraux

Mironga Experience

Lucia Gabriela de Lima Gouvea Moura
Lucia Gabriela de Lima Gouvea Moura
Arquivo Vivência Mironga

Maiandeua – Immersion and Experience of the Amazonian Food Culture

Maracanã Turismo
Maracanã Turismo
Maracanã Turismo

Experience in the Fishing Village

Tourism Secretariat of Bragança PA
Tourism Secretariat of Bragança PA
Tourism Secretariat of Bragança PA

Marajoara Coast Trail

Rede Trilhas Association File
Rede Trilhas Association File

Amazon Mangrove Aquatic Trail

Rede Trilhas Association File
Rede Trilhas Association File
Rede Trilhas Association File

Andorinhas Mountain Crossing

Rede Trilhas Association File
Rede Trilhas Association File
Rede Trilhas Association File

Cooperative Tourism Route

Elza Tenório Lopes
Elza Tenório Lopes
Elza Tenório Lopes

Alter do Chão

Embratur File
Embratur File
Embratur File

Tapajós National Forest

ICMBio

Tapajós Arapiuns Extractive Reserve (Tapajós Arapiuns RESEX)

ICMBio

Soure Marine Extractive Reserve (Soure RESEXMAR)

ICMBio

**Mestre Lucindo Marine Extractive Reserve
(Mestre Lucindo RESEXMAR)**

ICMBio

Borari Indigenous Community from Alter do Chão

Ministry of Tourism
Ministry of Tourism
Ministry of Tourism
Ministry of Tourism

Laranjituba and Africa Quilombola Territory

Ministry of Tourism
Ministry of Tourism
Ministry of Tourism
Ministry of Tourism

Xingu Aquatic Trail

Rede Trilhas Association
Rede Trilhas Association
Rede Trilhas Association

African-Ecological Trail Bujaru Paths

Odu Cultural Immersion
Odu Cultural Immersion
Odu Cultural Immersion

**Ancestral Paths of Quilombo do Abacatal
Route**

Ministry of Racial Equality

LEGAL AMAZON:

ACRE:

Get to Know Rio Branco

Jackson Viana
Jackson Viana

Chico Mendes Trail

Fernando França Maia
Fernando França Maia
Fernando França Maia

Birdwatching on the Serra do Divisor

Embratur File
Embratur File

AMAPÁ:

Camping at the Mina F12 Lookout Point

Wirler Almeida Santos
Wirler Almeida Santos
Thais Madureira

132

Aquatic Route along the Jari River

SETUR AP
SETUR AP
SETUR AP

Afro-tourism Route at Quilombo do Curiaú

Gabriel Flores
Gabriel Flores
Gabriel Flores

Experience in Cassiporé Chocolate Production

Leonardo Lopes
Leonardo Lopes
Leonardo Lopes

Tumucumaque Park Expedition

Embratur File
Embratur File

AMAZONAS

Amazônia in its Time

Caio Palazzo
Caio Palazzo
Caio Palazzo

Negro River Paths Route

Josângela Jesus
Josângela Jesus
Josângela Jesus

Jaú National Park

ICMBio

Anavilhanas National Park

ICMBio
Ana Claudia Jatahy
Ana Claudia Jatahy

Amazônia National Park

ICMBio



MARANHÃO

São Luís Cultural Quilombo Tour

SETUR MA

Walking Tour – Griot Praia Grande City

Arquivo Embratur

Arquivo Embratur

Espectáculo dos Plânctons Luminosos nos Lençóis

Maranhenses

Embratur File

Embratur File

MATO GROSSO

Spectacle of Luminous Plankton in Lençóis

Maranhenses

SEDEC MT

SEDEC MT

SEDEC MT

Birdwatching

SEDEC MT

SEDEC MT

SEDEC MT

Brasnorte Ethnic and Eco Tourism

Kelly Nogueira

Kelly Nogueira

Kelly Nogueira

RONDÔNIA

Experience in the Paiter Suruí Indigenous Community

Embratur File

Embratur File

RORAIMA

Roraima Birdwatching Route

SECULT RR

SECULT RR

SECULT RR

Route of Boa Vista, Capital of the Northernmost Part of Brasil

SECULT RR

SECULT RR

SECULT RR

Monte Roraima Expedition – Transcendental

Easy Travel Shop

Easy Travel Shop

133

Ecotourism Route – Tepequém Mountain

SECULT RR

SECULT RR

SECULT RR

Ethnotourism Route - Ancestral People in Roraima

SECULT RR

SECULT RR

SECULT RR

Raposa 1 Serra do Sol Indigenous Community

Ministry of Tourism

Ministry of Tourism

Ministry of Tourism

Ministry of Tourism

TOCANTINS

Tradition and Adventure in the Serras Gerais

SETUR TO

SETUR TO

Hiro Isogai

NORTHEAST:

ALAGOAS

Maceió

ASCOM SEMTEL AL

Wesley Menegari

Wesley Menegari

Afro-tourism in Quilombo dos Palmares

Lucas Menezes

Manatee Watching

Lucas Menezes

Lucas Menezes

Lucas Menezes

BAHIA

Route in Cantos da Chapada

Vanessa Almeida
Vanessa Almeida
Vanessa Almeida

CEARÁ

Jericoacoara Crocheters Women Handicraft Center

SETUR Jijoca de Jericoacoara

PARAÍBA

Ethnotourism on the Potiguara Trails

Miguel Ângelo Gomes

Ararunas Path

Caminho das Ararunas
Caminho das Ararunas
Caminho das Ararunas

Charms of the Paraíba River

Criativa Turismo PB
Criativa Turismo PB

PERNAMBUCO

National Park of the Fernando de Noronha Archipelago

Weidson Carlos
Weidson Carlos
Weidson Carlos

Catimbau Valley National Park

Buíque City Hall
Buíque City Hall
Buíque City Hall

Formoso River Mangrove Route

Municipal Secretariat of Tourism and Culture of Rio Formoso
Municipal Secretariat of Tourism and Culture of Rio Formoso

Coral Biofactory

Filipe Cadena

PIAUI

Capybara Mountain National Park

SETUR PI
SETUR PI

Quilombo Mimbó

SETUR PI
Paulo Barros
Paulo Barros
Chico Rasta

Flock of Scarlet Ibis in the Parnaíba Delta

MB TURISMO PBH
MB TURISMO PBH

RIO GRANDE DO NORTE

Sibaúma and the Potiguara Katu Indigenous Territory

Embratur File
Embratur File

Oyster Route

SETUR RN
SETUR RN
SETUR RN

SERGIPE

Xingó Complex

SETUR SE
SETUR SE
SETUR SE

Manatee Route

Manatee Route
Manatee Route

Quilombo Trails – Experience in the Mussuca Village

Fecomércio Institute Sergipe
Fecomércio Institute Sergipe



FEDERAL DISTRICT

Black Brasilia Tour

Agência Me Leva Cerrado
Agência Me Leva Cerrado

Lago Oeste region Route

Lago Oeste
Calango Trail
Sítio Titara

GOIÁS

Cora Coralina Trail

Rede Trilhas Association
Rede Trilhas Association
Rede Trilhas Association

Kalunga Historical Site and Cultural Heritage Site

Higor Torres
Higor Torres

Moinho Village Quilombola Community

Ministry of Tourism
Ministry of Tourism
Ministry of Tourism

Um Pé + que Pequi

Sítio Boca do Mato
Sítio Boca do Mato
Sítio Boca do Mato

MATO GROSSO DO SUL

Guadakan Crossing

Homem Pantaneiro Institute
Homem Pantaneiro Institute
Homem Pantaneiro Institute

Black Corumbá Circuit

Bela Oya
Bela Oya
Bela Oya

Bonito, Carbon Neutral Ecotourism Destination

Nascente Azul
Alexandre Socci
SECTUR

ESPÍRITO SANTO

Paulo César Vinha State Park (Setiba)

Fecomércio ES
Fecomércio ES
Fecomércio ES

Tekoá Mirim Thematic Village

SeTur ES
SeTur ES

MINAS GERAIS

Experiences Menuuh

BeloTur
BeloTur

Transmantequeira Trail

Trilha Transmantequeira File
Trilha Transmantequeira File
Trilha Transmantequeira File

Espinhaço Mountain Range

Marcelo Junqueira
Eduardo Gomes
Isis Medeiros

RIO DE JANEIRO

Transcarioca Trail

Rede Trilhas Association
Rede Trilhas Association
Rede Trilhas Association

Rio of Rural Experiences

VH Ximenes

Immersive Experience at Pequena África

Arquivo Embratur
Arquivo Embratur

SÃO PAULO

Afro-tourism in São Paulo

Heitor Salatiel/Guia Negro

Experiences on the North Coast

Andre Rosa
Marcos Bonello



Atlantic Forest Portal Tourist District

SETUR

SETUR

SETUR

136

SOUTH:

PARANÁ

Iguassu Trails

Adetur Cataratas e Caminhos

Adetur Cataratas e Caminhos

Adetur Cataratas e Caminhos

RIO GRANDE DO SUL

Serra Gaúcha

Giordani Turismo

Casa da Ovelha Collection

Pé da Cascata Tour

Embratur File

Embratur File

SANTA CATARINA

Great West Cycle Tourism Circuit

IGR Grande Oeste

IGR Grande Oeste

IGR Grande Oeste

Whale Watching in the Right Whale Route

Embratur File

Embratur File







Ministério do Turismo



Ministério do Turismo



@mturismo



@mturismo



gov.br/turismo

MINISTRY OF
TOURISM

BRAZILIAN GOVERNMENT



STANDING WITH THE BRAZILIAN PEOPLE